

NWPH

Nursing for Women's Health®

EVIDENCE-BASED PRACTICE FOR WOMEN'S HEALTH, CHILDBEARING & NEONATAL CARE

วารสารใหม่ประจำเดือน
มกราคม 2565....

25
1997-2021

APRIL 2021 | nwhjournal.org

Change, Anxiety, and Resilience

Newborn Opioid Withdrawal Therapy
Varies Widely by Treatment Site

The Essential Role of Nurse
Practitioners and Midwives
on Maternal Mortality Review
Committees

Women's Suggestions for How to
Reduce Weight Stigma in Prenatal
Clinical Settings

A Project to Implement Use of 40%
Dextrose Gel for Transient Neonatal
Hypoglycemia

Clinical Implications for Women of a
Low-Carbohydrate or Ketogenic Diet
with Intermittent Fasting **CNE**

A New Vaginal pH Regulator
for Hormone-Free, On-Demand
Contraception

How a Frightened Mother of a
Preterm Newborn Eventually
Flourished

 **AWHONN**
PROMOTING THE HEALTH OF
WOMEN AND NEWBORNS

ELSEVIER

Nursing for Women's Health
SERIALS



007012
bib:13399137846

Preconception,
Pregnancy, Birthing,
and Lactation Needs of
TRANSGENDER MEN

EDITORIAL & UPDATES

FROM THE EDITOR

- 97 **Change, Anxiety, and Resilience**
Change is a defining characteristic of the times we are living in.
Mary C. Brucker

RESEARCH & PRACTICE BRIEFS

- 99 **Newborn Opioid Withdrawal Therapy Varies Widely by Treatment Site**
Jennifer Hellwig

COMMENTARY

- 107 **The Essential Role of Nurse Practitioners and Midwives on Maternal Mortality Review Committees**
Nurse practitioners and midwives are uniquely positioned to contribute to the work of maternal mortality review committees and to make evidence-based, systems-level recommendations to improve outcomes.
Heather Bradford

CLINICAL EVALUATION & IMPROVEMENT

- 112 **Women's Suggestions for How To Reduce Weight Stigma in Prenatal Clinical Settings**
In this qualitative descriptive study, pregnant women living with obesity provided suggestions for how clinicians can take steps to reduce weight stigma.
Taniya S. Nagpal, Danilo F. da Silva, Rebecca H. Liu, Maxine Myre, Laura Gaudet, Jocelynn Cook & Kristi B. Adamo
- 122 **A Project to Implement Use of 40% Dextrose Gel for Transient Neonatal Hypoglycemia**
Implementation of a neonatal hypoglycemia protocol including use of 40% dextrose gel was associated with a reduced number of neonates transferred to a higher level of care for treatment of hypoglycemia.
Angela Washer, Tina Di Fiore & Lee Anne Siegmund

REVIEWS

- 129 **Preconception, Pregnancy, Birthing, and Lactation Needs of Transgender Men**
Improving knowledge of transgender health among providers and fostering gender-affirming perinatal care environments can optimize the perinatal care of pregnant and birthing transgender men.
Lori Rebecca-Diane MacLean
- 139 **CNE Clinical Implications for Women of a Low-Carbohydrate or Ketogenic Diet With Intermittent Fasting**
A low-carbohydrate or ketogenic diet combined with intermittent fasting may help reverse insulin resistance, reduce weight, and improve health for women.
Megan W. Arbour, Melissa Stec, Kelly C. Walker & Judith C. Wika

IN PRACTICE

- 152 **A New Vaginal pH Regulator for Hormone-Free, On-Demand Contraception**
Phexxi is a new contraceptive method available by prescription that reduces sperm motility by altering the pH of the vagina.
Jeanann Sousou Coppola

REFLECTIONS

- 158 **How a Frightened Mother of a Preterm Newborn Eventually Flourished**
A nurse sees that a mother of a preterm newborn needs extra support.
Monica Rita Hendricks

ARTICLES ONLINE

Access all articles at <http://nwhjournal.org>.