

# NWH

## Nursing for Women's Health®

EVIDENCE-BASED PRACTICE FOR WOMEN'S HEALTH, CHILDBEARING & NEONATAL CARE

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FEBRUARY 2021 | [nwhjournal.org](http://nwhjournal.org)

Looking Back While Looking Ahead

Women's Sexual and Reproductive  
Health Care Needs During Emerging  
Adulthood

Promoting Breastfeeding and  
Lactation Among Mothers of  
Premature Newborns in China

Why Birth Center Clients Choose  
Hospitalization for Labor and Birth

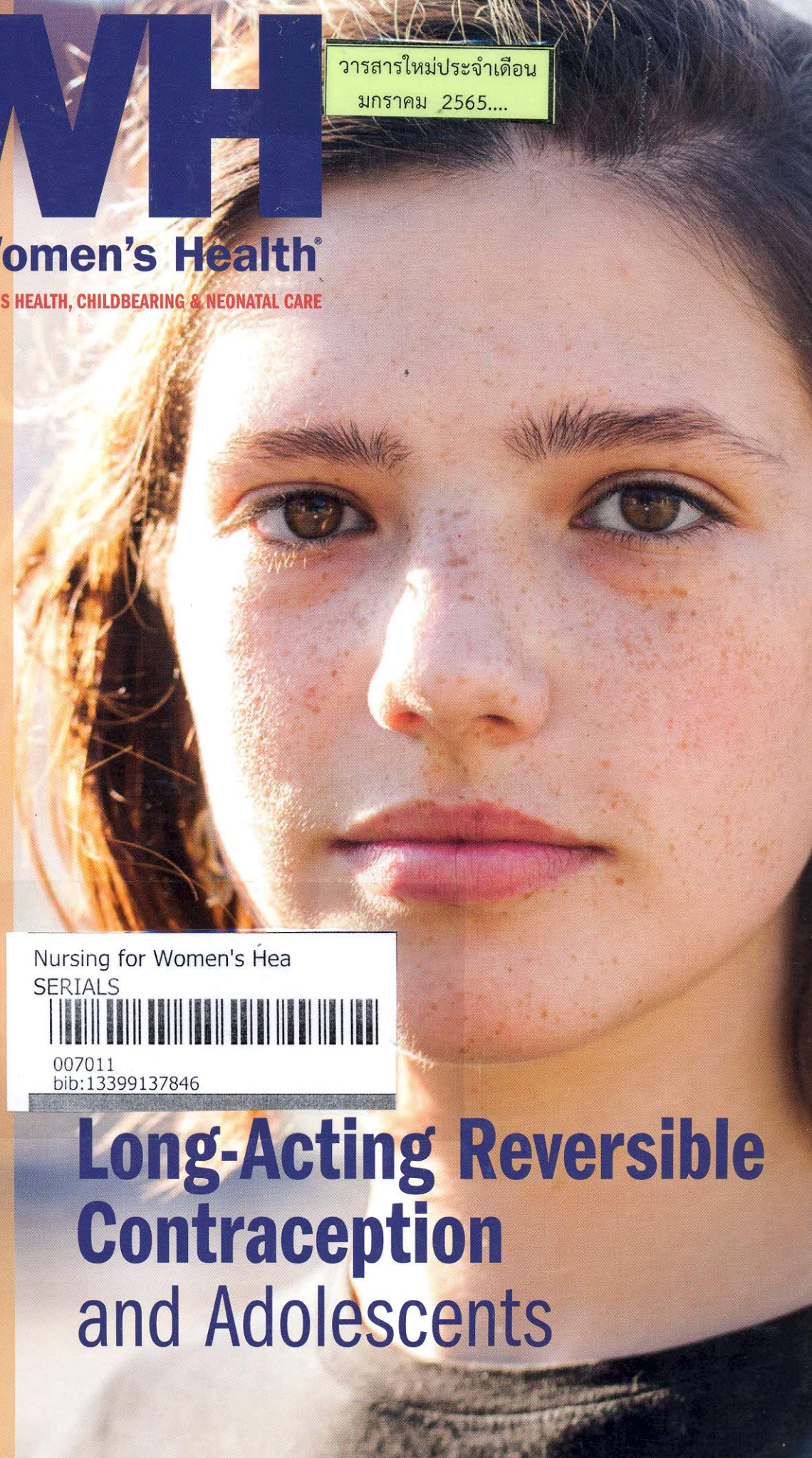
Health Care Students' Knowledge,  
Self-Efficacy, and Motivation for  
Antepartum Depression Screening  
and Education

An Organization-Wide Initiative  
to Implement Parent-Performed,  
Delayed Immersion Bathing

Literature Review of Copper  
Intrauterine Devices and Blood  
Copper Levels

Partnering to Support Education for  
Midwives and Nurses in Liberia

Please Do Not Let Me Forget



Nursing for Women's Health  
SERIALS



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# Long-Acting Reversible Contraception and Adolescents



**AWHONN**

PROMOTING THE HEALTH OF  
WOMEN AND NEWBORNS

ELSEVIER

### EDITORIAL & UPDATES

#### FROM THE EDITOR

- 1 Looking Back While Looking Ahead  
*This year marks the 25<sup>th</sup> year of publication for Nursing for Women's Health.*  
Mary C. Brucker

#### RESEARCH & PRACTICE BRIEFS

- 3 Postpartum Depression May Persist 3 Years After Giving Birth  
Jennifer P. Hellwig

#### COMMENTARY

- 10 Improving Research, Policy, and Practice to Address Women's Sexual and Reproductive Health Care Needs During Emerging Adulthood  
*Clinicians must incorporate age-specific sexual and reproductive care for women in emerging adulthood who have unique needs and are often absent from the health care system.*  
Emma C. Schlegel & Laureen H. Smith

### CLINICAL EVALUATION & IMPROVEMENT

- 21 Promoting Breastfeeding and Lactation Among Mothers of Premature Newborns in a Hospital in China  
*Promoting breastfeeding and lactation among mothers of premature newborns requires scientific knowledge, a compassionate environment, and family-centered practice.*  
Guiling Yu, Furong Liu, Yi Zhao, Yan Kong & Holly Wei
- 30 Exploring Why Birth Center Clients Choose Hospitalization for Labor and Birth  
*Factors related to elective hospitalization for labor and birth are varied, making comprehensive documentation of individuals' backgrounds and decision-making vital to studying perinatal health.*  
Sarah A. Sanders, Nancy A. Niemczyk, Jessica G. Burke, Ann M. McCarthy & Martha A. Terry

- 43 An Online Educational Intervention to Influence Medical and Nurse Practitioner Students' Knowledge, Self-Efficacy, and Motivation for Antepartum Depression Screening and Education

*After completing an online educational intervention, nurse practitioner and medical students had similar knowledge, self-efficacy, and motivation about antepartum depression screening and education.*

Danielle R. Beasley

- 54 Improving Knowledge of Long-Acting Reversible Contraception in an Adolescent and Young Adult Female Population

*An online video may be a useful adjunct to individualized counseling to help improve knowledge about long-acting reversible contraception among adolescents and young adults.*

Tiana Ingersoll

- 63 An Organization-Wide Initiative to Implement Parent-Performed, Delayed Immersion Bathing

*Delayed immersion bathing is a family-friendly process that can be implemented in any type of medical facility.*

Jeanette Anderson

### REVIEWS

- 71 A Literature Review of the Effects of Copper Intrauterine Devices on Blood Copper Levels in Humans

*Studies of blood copper levels in people using a copper intrauterine device are scarce, have yielded conflicting results, and are of potentially minimal clinical significance.*

Lena Crandell & Natalie Mohler

Continued