

# MEDSURG

# NURSING®

Official Journal of the Academy of Medical-Surgical Nurses

A Jannetti Publications Inc. Journal

## Featured Articles

**CNE SERIES** A Bundle Strategy Including Patient Hand Hygiene to Decrease *Clostridium difficile* Infections

**Evidence-Based Practice**  
Empowering the Development of a Nurse-Driven Protocol

**CNE SERIES** Stemming the Obesity Epidemic: Are Nurses Credible Coaches?

**Research for Practice**  
Decision-Making Models Used by Medical-Surgical Nurses to Activate Rapid Response Teams

**Advanced Practice**  
Taste Dysfunction and Eating Behaviors in Survivors of Head and Neck Cancer Treatment

**Clinical Practice**  
Postoperative Management of Patients with Obstructive Sleep Apnea: Implications for the Medical-Surgical Nurse

**Research for Practice**  
Nursing Knowledge of Physiological and Psychological Outcomes Related to Patient Sleep Deprivation in the Acute Care Setting

Medsurg nursing : offic..  
Serials



003682  
bib:13399122961

Earn 2.6 Contact Hours in this issue

[www.medsurgnursing.net](http://www.medsurgnursing.net)



003682

# MEDSURG

---

# NURSING®

Volume 23, Number 3 • May/June 2014

## Articles

### Reader Services

#### Subscription Info:

Jannetti Publications, Inc.  
East Holly Avenue Box 56 • Pitman, NJ 08071-0056  
(856) 256-2300 • FAX (856) 589-7463  
E-mail: [msjrn1@ajj.com](mailto:msjrn1@ajj.com) • [www.medsurgnursing.net](http://www.medsurgnursing.net)

**Subscription rate:** Personal \$52 per year. Institutional \$80 per year. \$30 additional postage (per year) outside U.S. Single copy \$15.

**Claims for missing issues:** Claims for missing issues must be submitted within 4 months (6 months international) of the publication date. For more information, contact Jannetti Publications, Inc., East Holly Avenue/Box 56, Pitman, NJ 08071-0056; (856) 256-2300; FAX (856) 589-7463; e-mail [msjrn1@ajj.com](mailto:msjrn1@ajj.com)

**Cancellations:** Subscription cancellations will not be accepted after the 2nd issue has been mailed.

**Authorization to photocopy** items for internal or personal use, or the internal use of specific clients, is granted by Jannetti Publications, Inc., provided that the appropriate fee is paid directly to Copyright Clearance Center, 222 Rosewood Drive, Danvers, MA 01923; (978) 750-8400; [www.copyright.com](http://www.copyright.com). For those organizations that have been granted a photocopy license by CCC, a separate system of payment has been arranged. Special arrangements for permission are required from the publisher for any other purpose.

**MEDSURG NURSING** is a refereed journal. The opinions expressed in the journal are those of the contributors, authors, and/or advertisers, and do not necessarily reflect the views of Jannetti Publications, Inc., **MEDSURG NURSING**, or its editorial staff.

**MEDSURG NURSING** is indexed in and selected full text is available from the **Cumulative Index to Nursing & Allied Health Literature (CINAHL)**, **EBSCO Academic Search Premier**, **Gale**, **Infotrieve**, **Nursing Abstracts**, **Ovid**, **PubMed**, **Access to Uncover**, **ProQuest**, **BigChalk**, **RNdx Top 100**, **SIMID**, and **UMI**.

**MEDSURG NURSING** (ISSN 1092-0811) is owned and published bimonthly by Jannetti Publications, Inc.; East Holly Avenue Box 56, Pitman, NJ 08071-0056; (856) 256-2300. Periodicals postage paid at Sewell, NJ and at additional mailing offices. Copyright 2014 by Jannetti Publications, Inc. All rights reserved. Reproduction in whole or part, electronic or mechanical, without written permission of the publisher is prohibited.

**Change of address** must be reported 6 weeks prior to change to insure delivery. The publisher cannot assume responsibility of replacing undelivered issues.

**POSTMASTER:** Send address changes and undelivered copies to **MEDSURG NURSING**, East Holly Avenue Box 56, Pitman, NJ 08071-0056.

- 145 **CNE A Bundle Strategy Including Patient Hand Hygiene to Decrease *Clostridium difficile* Infections**  
*SERIES*  
*Marian Pokrywka, Jody Feigel, Barbara Douglas, Susan Grossberger, Amelia Hensler, and David Weber*

- Evidence-Based Practice**  
149 **Empowering the Development of a Nurse-Driven Protocol**  
*Janet C. Engvall, Cynthia Padula, Amy Krajewski, Joan Rourke, Celia Gomes McGillivray, Stephanie Desroches, and William Anger, Jr.*

- 155 **CNE Stemming the Obesity Epidemic: Are Nurses Credible Coaches?**  
*SERIES*  
*Kathleen Marchiondo*

- Research for Practice**  
159 **Decision-Making Models Used by Medical-Surgical Nurses to Activate Rapid Response Teams**  
*Carlo G. Parker*

- Advanced Practice**  
165 **Taste Dysfunction and Eating Behaviors in Survivors of Head and Neck Cancer Treatment**  
*Laura McLaughlin and Suzanne M. Mahon*

- Clinical Practice**  
171 **Postoperative Management of Patients with Obstructive Sleep Apnea: Implications for the Medical-Surgical Nurse**  
*Ashley W. Helvig, Ptlene Minick, and David Patrick*

- Research for Practice**  
178 **Nursing Knowledge of Physiological and Psychological Outcomes Related to Patient Sleep Deprivation in the Acute Care Setting**  
*Kim Radtke, Kathy Obermann, and Lori Teymer*



[www.facebook.com/MedSurgNurses](http://www.facebook.com/MedSurgNurses)

# MEDSURG NURSING®

Volume 23, Number 3 • May/June 2014

## Departments

- 141 AMSN President's Message**  
*National Nurses Week Highlights the Many Leadership Roles of Nurses*
- 143 Editorial**  
*Seriously Now...Hospital Food Is No Joke*
- 148 CNE Instructions for CNE Contact Hours:**  
**SERIES Earn 1.3 Contact Hours**  
*A Bundle Strategy Including Patient Hand Hygiene to Decrease Clostridium difficile Infections*
- 157 CNE Instructions for CNE Contact Hours:**  
**SERIES Earn 1.3 Contact Hours**  
*Stemming the Obesity Epidemic: Are Nurses Credible Coaches?*
- 185 Clinical 'How To'**  
*Making ABGs Simple*
- 187 Research Roundtable**  
*Use of Theoretical Frameworks in Research*
- 189 Professional Issues**  
*Informed Consent: Whose Duty to Inform?*
- 192 Nursing Management**  
*Monkey in the Middle!*
- 195 Letter to Editor**  
*Harm Reduction: Compassionate Care of Persons with Addictions*
- 196 Ethics, Law, and Policy**  
*Conscientious Objection in Nursing: Definition and Criteria for Acceptance*
- 201 MEDSURG Nursing Manuscript Review Panel Listing**  
*Interested in serving as a reviewer?  
Visit the journal's website to apply: [www.medsurgnursing.net](http://www.medsurgnursing.net)*
- 203 MEDSURG Nursing Subscription Offer**  
*Start a Subscription for Your Unit or Department Today!*

### Editor

Dottie Roberts, MSN, MACI, RN,  
CMSRN, OCNS-C®, CNE  
Lexington, SC

### Managing Editor

Kenneth J. Thomas

### Editorial Assistant

Jamie Curran

### Research Editor

Lynne M. Connelly, PhD, RN  
Benedictine College  
Atchison, KS

### Education Director

Rosemarie Marmion, MSN, RN-BC, NE-BC  
Pitman, NJ

### Editorial Board

Sonya Blevins, DNP, RN, CMSRN, CNE  
University of South Carolina-Upstate  
Spartanburg, SC

Donna J. Bowles, EdD, MSN, RN, CNE  
Indiana University Southeast  
New Albany, IN

Rhea Faye D. Felicilda-Reynaldo, EdD, RN  
Missouri State University  
Springfield, MO

MariJo Letiza, PhD, APN/ANP-BC, FAANP  
Loyola University  
Chicago, IL

Beth Palmer, DNP, RN, ACNS-BC,  
AGPCNP-BC, CMSRN  
VA San Diego Healthcare System  
San Diego, CA

Cynthia M. Steinwedel, PhD, RN, CNE  
Bradley University  
Peoria, IL

### AMSN Liaison

Kathleen Lattavo, MSN, RN, CNS-MS,  
GMSRN, RN-BC, ACNS-BC  
St. David's Medical Center  
Austin, TX

### Art Director

Jack M. Bryant

### Layout & Design Specialist

Darin Peters

### Director of Marketing

John R. Schmus

### Advertising Director

Thomas A. Kenney

### Advertising Manager

Rick Gabler

### Advertising Coordinator

Heidi Perret

### Circulation Manager

Robert McIlvaine

### Publisher

Anthony J. Jannetti

### Journal Office

Jannetti Publications, Inc.  
East Holly Avenue Box 56  
Pitman, NJ 08071-0056  
(856) 256-2300  
FAX (856) 589-7463  
E-mail: [msjrn1@ajj.com](mailto:msjrn1@ajj.com)

### Facebook

[www.facebook.com/MedSurgNurses](http://www.facebook.com/MedSurgNurses)

Anthony J. Jannetti, Inc. ([www.ajj.com](http://www.ajj.com))  
is accredited by the Association  
Management Company Institute.

## Call for Military-Themed Manuscripts

MEDSURG Nursing, the official journal of AMSN, is looking for contributions by and for military nurses in all service branches, active duty and reserves, to share their views on the unique health care perspectives of these settings. Please contact Editor Dottie Roberts for more info at [drobotscns@gmail.com](mailto:drobotscns@gmail.com)