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The American Journal of Maternal/Child Nursing®

SPECIAL TOPICS SERIES: Smart Phone Apps and Maternal Child Nursing

CE Review of Smart Phone Apps for New Parents

App for Coping with Stress of Hospitalization for Preterm Labor


Development of App for Family Planning Providers

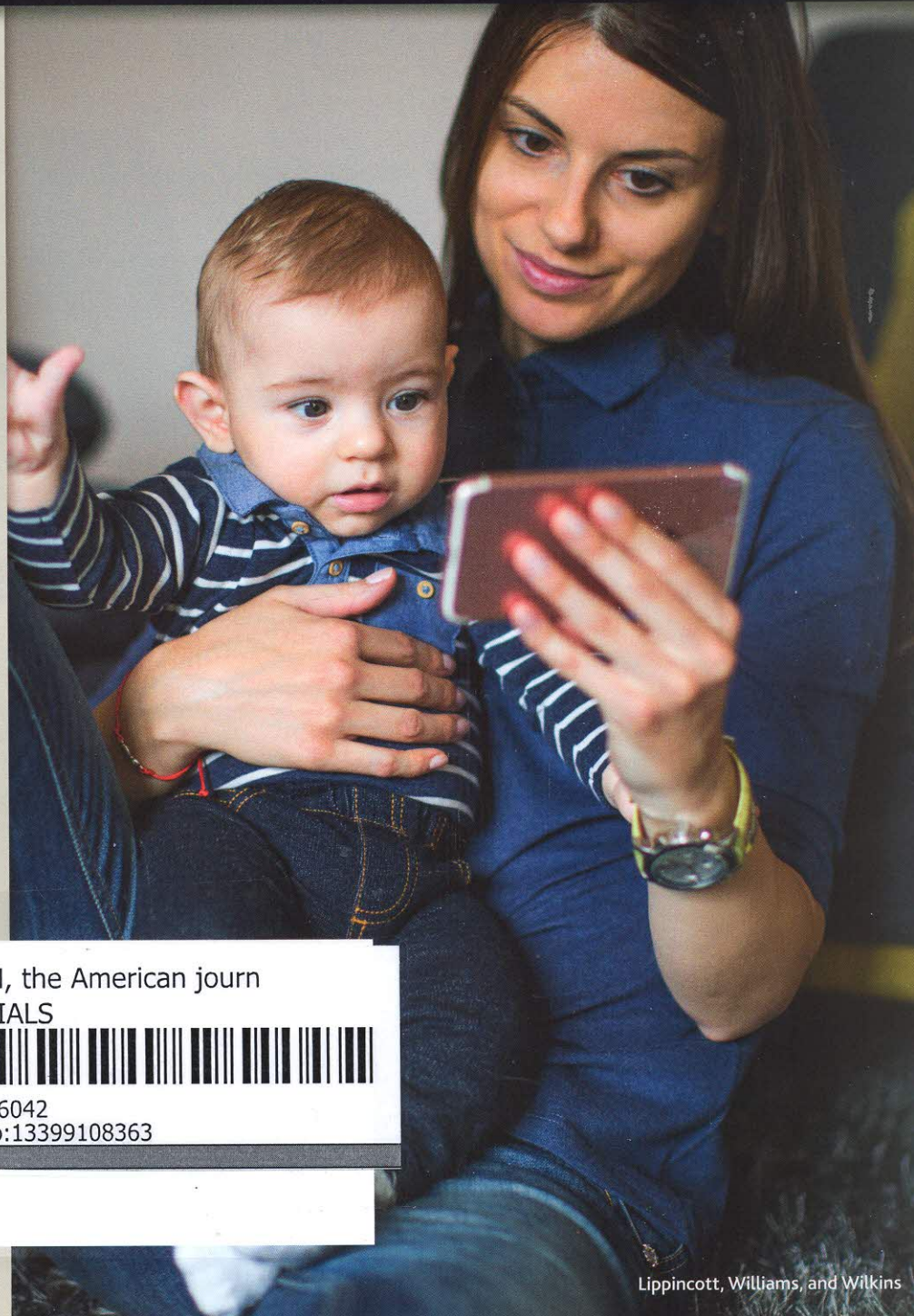
CE Autologous Blood Transfusion for Postpartum Hemorrhage

New Parent Checklist

Whooping Cough Education for Parents

Parents' Perceptions of Influences on Infant Feeding

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feature articles

248 **CE** Parent Education is Changing: A Review of Smartphone Apps

A critique of 46 parenting apps available in a commonly used online app store is presented using established criteria and health literacy guidelines. Many of the apps do not offer details of the source of their information and there was limited functionality, with none providing a customized experience. Mobile health solutions require rigorous research before nurses can recommend them as valid and reliable avenues for parent education.

Deborah Winders Davis, PhD, M. Cynthia Logsdon, PhD, WHNP-BC, FAAN, Krista Vogt, BSN, Jeff Rushton, BS, MBA, John Myers, MSPH, PhD, Adrian Lauf, BE, MS, PhD, Felicia Hogan, BSN, RN

257 A Stress Coping App for Hospitalized Pregnant Women at Risk for Preterm Birth

An app for pregnant women hospitalized with complications of preterm labor was prospectively evaluated. The app included study measures, an educational overview of concepts, four guided imagery audio files to be listened to daily, and a stress self-assessment scale to be used before and after each use. All participants reported benefits from using the app and provided suggestions for improvement.

Nancy Jallo, PhD, FNP-BC, WHNP-BC, Leroy R. Thacker II, PhD, Victoria Menzies, PhD, RN, PMHCNS-BC, Predrag Stojanovic, Dace S. Svikis, PhD

263 Development of a Mobile App for Family Planning Providers

A mobile app for family planning providers was developed and tested. Based on experiences of the development team, clinicians with an interest in developing an app should consider a collaborative approach to development, pilot test the app prior to wider distribution, and develop a web-based version of the app to be used by clinicians who are unable to access smart devices in their practice setting.

Viannella Halsall, MPH, CHES, Jennifer Rogers, MPH, Jacki Witt, JD, MSN, WHNP-BC, FAANP, Sejun Song, PhD, MS, Hoang Duc Huy Nguyen, Patricia Kelly, PhD, MPH, APRN



269 **CE** Autologous Blood Transfusion for Postpartum Hemorrhage

Autologous blood transfusion is an option for postpartum hemorrhage. An overview of the rationale, process, equipment, and clinical implications for nurses is provided.

Julia A. Greenawalt, PhD, RNC-OB, CHSE, Denise Zernell, MSN, BSN, RNC

276 **SDC** The New Parent Checklist: A Tool to Promote Parental Reflection

A new parent checklist was developed and tested in a three-phase process. Information provided in the checklist on parenting, relationships, and personal and family needs can be a valuable resource in reducing parental knowledge gaps, particularly those related to psychosocial support.

Elizabeth M. Keys, BSc, BN, RN, CCHN(C), Deborah A. McNeil, PhD, MN, BScN, Donna A. Wallace, BN, RN, MCEd, Jason Bostick, MSc, A. Jocelyn Churchill, RN, MN, LCCE, FACCCE, Maureen M. Dodd, BA, CTP

283 **SDC** A Whooping Cough Education Module for WIC Clients in Utah

Whooping cough can be devastating for babies and children. In this quality improvement project, the authors developed and tested an electronic educational module about whooping cough for women enrolled in the Supplemental Nutrition Program for Women, Infants, and Children in Utah.

Karlen E. Luthy, DNP, FNP, Alicia Anderson, MS, RN, Janelle Macintosh, PhD, RN, Renea L. Beckstrand, PhD, RN, Lacey M. Eden, MS, FNP, Ryan Amy, MS IT, Christopher I. Macintosh, PhD, RN

289 **SDC** Influences on Infant Feeding: Perceptions of Mother-Father Parent Dyads

This study includes 24 mother-father parent dyads who were interviewed about potential influences on their infant and toddler feeding practices. Parents offered a number of influencing factors including peer behavior reinforcement, suggestions from grandparents, healthcare provider infant feeding support, workplace flexibility, public perception on breastfeeding, and social media. Nurses can use these data to engage parents in healthy infant and toddler feeding.

Wilson Majee, PhD, MPH, MBA, Matthew J. Thullen, PhD, Alexandra N. Davis, PhD, MS, Tarunjit K. Sethi, MPH

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Ongoing columns

247 GUEST EDITORIAL

Smart Phone Apps and Maternal Child Nursing

Our guest editor for this special topics series on smart phone applications and maternal child nursing, Dr. Logsdon, offers an overview and suggestions for the role of the nurse.

M. Cynthia Logsdon, PhD, WHNP-BC, FAAN

295 HOT TOPICS IN MATERNITY NURSING

Screening and Response to Maternal Mental Health Problems

Our maternity nursing expert, Kirsten Wisner, provides details about the new consensus bundle on maternal mental health from the Council on Patient Safety in Women's Health Care.

Kirsten Wisner, MS, RNC-OB, CNS, C-EFM

296 HOT TOPICS IN PEDIATRIC NURSING

Healthcare for Transgender Youth: Still Inadequate... Still at Risk

With accurate and up-to-date knowledge, pediatric nurses can take the lead in advocating for evidence-based culturally competent care for transgender youth in all pediatric settings. Per our pediatric nursing expert, Dr. Beal, as nurses, we are in a unique role as the most trusted of healthcare professionals to be able to support these very vulnerable teens and their caregivers.

Judy A. Beal, DNSc, RN, FNAP, FAAN

297 NUTRITION FOR THE FAMILY

Vegetarian Diet During Pregnancy: Assessment and Support

Vegetarian and vegan diets can be safe during pregnancy and are becoming more popular among pregnant women. Knowledgeable and non-judgmental nursing support is essential for effective perinatal nutritional counseling. Welcome to our new nutrition columnist, Denise Snow, a clinical associate professor in the School of Nursing at the State University of New York at Stony Brook and a health-care law attorney in a private practice.

Denise Snow JD, NP, CNM, RN

298 GLOBAL HEALTH AND NURSING

Caring for Childbearing Women in Crisis: Midwife Pilgrim

As perinatal nurses, there are many opportunities to serve others and make a difference. Our global health nursing expert, Dr. Callister, discusses Midwife Pilgrim, one organization working to help women and child in disaster prone areas of the world.

Lynn Clark Callister, PhD, RN, FAAN

300 TOWARD EVIDENCE BASED PRACTICE

Experts suggest how 6 research articles can be used in nursing practice.

Coordinated by Annie Rohan, PhD, RN, NNP-BC, CPNP-PC, FAANP

Heidi V. Krowchuk, PhD, RN, FAAN and
Annie Rohan, PhD, RN, NNP-BC, CPNP-PC, FAANP

304 PERINATAL PATIENT SAFETY

Safe Nurse Staffing is More than Numbers and Ratios

Safe staffing is not numbers or ratios, rather the essential nursing care for optimal outcomes. Productivity targets should financially support enough nurses to provide care that is required based on national standards and guidelines. The numbers recommended in the AWHONN (2010) staffing guidelines represent the ability to perform that requisite nursing care.

Kathleen Rice Simpson, PhD, RN, CNS-BC, FAAN

MISSION STATEMENT

MCN: The American Journal of Maternal Child Nursing, is written for nurses who are involved in various aspects of maternal and child nursing. MCN provides clinical and research articles to support nurses in practice that are based on the most recent and rigorous evidence. This peer-reviewed journal offers integrated clinical practice information and thought-provoking solutions for all aspects of maternal child care in the inpatient, outpatient and home care settings.

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