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The American Journal of Maternal/Child Nursing®

CE Systematic Review:
Introducing Allergenic
Food into Infants' Diets

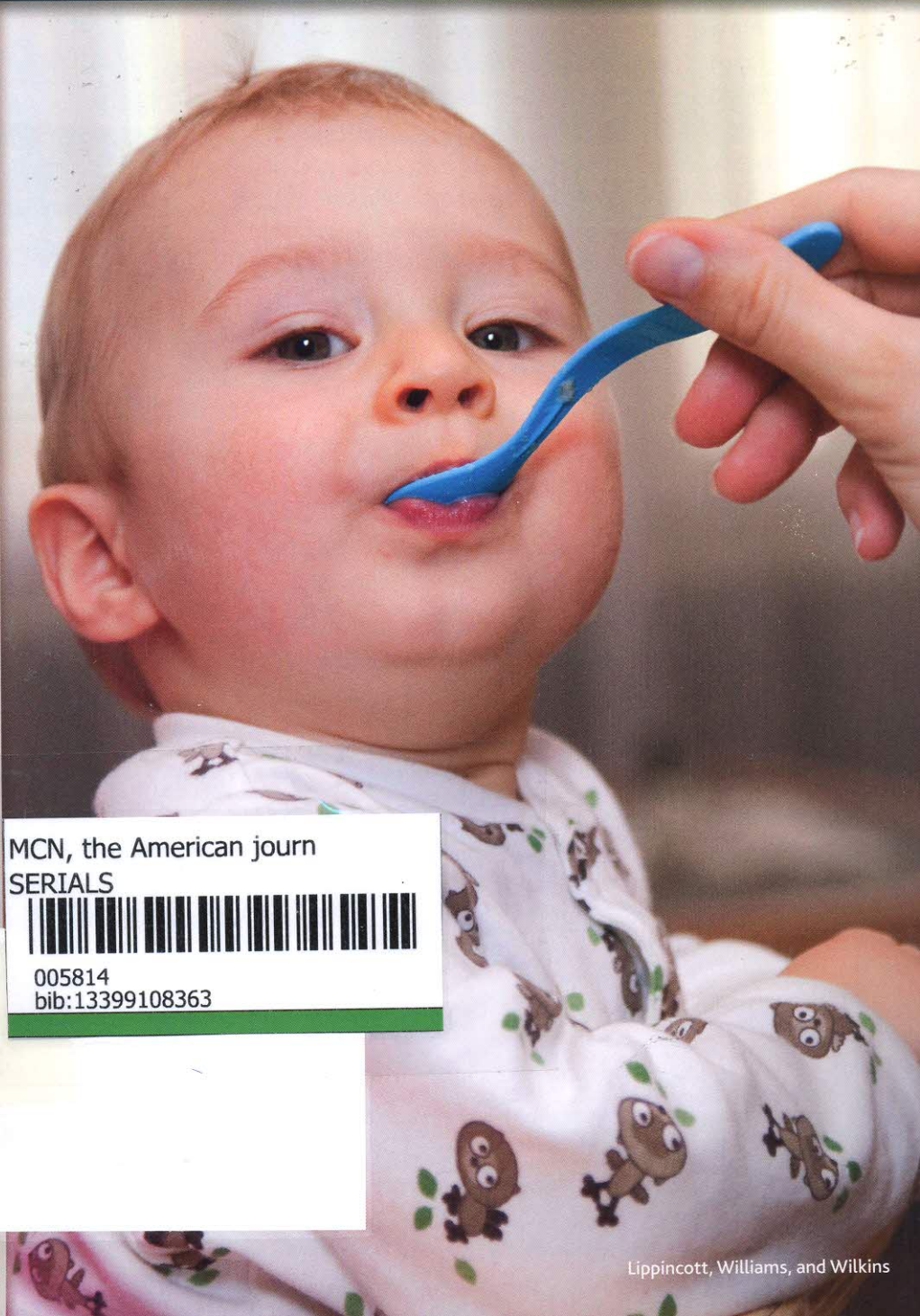
CE Labor Nurses' Influence
on Cesarean Birth


Weaning from
Breastfeeding

Simulation as Part
of Discharge Teaching
for NICU Parents

Childbirth Experiences
of Arab Migrant Women

Preterm Birth and
Maternal Mental Health



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feature articles

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Introducing Allergenic Food Into Infants' Diets: Systematic Review

Delaying introduction of potentially allergenic foods may have had unintended consequences of increasing prevalence of food allergies among children. A review of the evidence suggests early rather than delayed introduction may be the best option for low risk infants.

Katelin Larson, MSN, RN, CPNP, Jessica McLaughlin, MSN, RN, CPNP, Mallory Stonehouse, BA, RN, Brittany Young, BA, RN, Kristin Haglund, PhD, RN, PPCNP-BC

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CE

Labor Nurses' Views of Their Influence on Cesarean Birth

Nurses play an important role in helping women in labor avoid avoid a cesarean birth. They offer emotional encouragement, various labor support techniques, and information on what to expect as strategies to promote vaginal birth. They focus on the positive aspects of labor progress when communicating with physicians. The dynamics of the nurse-physician relationship is at times challenging as labor nurses do not always perceive their physician colleague share the same goals and investment for mode of birth.

Kathleen Rice Simpson, PhD, RNC, CNS-BC, FAAN, Audrey Lyndon, PhD, RNC, FAAN



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Mothers' Weaning Practices when Infants Breastfeed for More than One Year

Not much is known about weaning from breastfeeding after the baby is a year old or more. The literature has not been updated for over a decade. A summary of current issues and four exemplar cases of weaning after extended breastfeeding are presented.

Addie Cunniff, BSN, RN, Diane Spatz, PhD, RN-BC, FAAN

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Simulation as Part of Discharge Teaching for Parents of Infants in the Neonatal Intensive Care Unit

Parents watching the nurse caring for their baby, followed by return demonstrations are traditional methods of discharge teaching for parents of babies in the neonatal intensive care unit (NICU). Simulation is widely used for enhancing learning of healthcare professionals, but little is known about simulation for family caregivers such as parents of a baby being discharged from the NICU. A program involving simulation as part of NICU parents' discharge teaching is presented.

Deborah A. Raines PhD, EdS, RN, ANEF

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Childbirth and New Mother Experiences of Arab Migrant Women

Arab Muslim women who have immigrated to the United Kingdom are generally pleased with the evolution of their family traditions. Without the support and advice of their extended family to guide routine decisions, they have realized freedom to conduct their lives as they wish and experienced closer relationships with their spouses. Immigration to the United Kingdom has a number of perceived positive aspects for Arab Muslim women.

Hala Bawadi, PhD, RN, Muayyad M. Ahmad, PhD, RN

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Implications of Preterm Birth for Maternal Mental Health and Infant Development

Preterm birth can be a traumatic event as it is many times unexpected and often leads to admission to the neonatal intensive care unit (NICU). Mothers of infants in the NICU experience stress that can progress to depressive symptoms and posttraumatic stress disorder. These mental health issues can have a negative impact on maternal-infant attachment and infant development.

Cheryl Anderson, RN, PhD, CNS, Priscila Cacola, PhD

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ongoing columns

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EDITORIAL

Advice for Authors

MCN welcomes authors of all levels of experience from novice to expert. For writing tips, Nurse Author & Editor is a helpful resource. <http://naepub.com/>

Kathleen Rice Simpson, PhD, RN, CNS-BC, FAAN

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HOT TOPICS IN MATERNITY NURSING

Skin-to-Skin Care and Rooming In: Safety Considerations

New recommendations from the American Academy of Pediatrics about safety considerations during skin to skin in the first few hours of life and rooming in practices for new mothers and babies during the postpartum inpatient stay are discussed.

Molly Killion, RN, MS, CNS

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HOT TOPICS IN PEDIATRIC NURSING

Pediatric Medication Errors

Pediatric medication errors continue to be a risk of harm. The American Academy of Pediatrics has recommendations for giving liquid medications orally. Kitchen spoons are not appropriate to measure doses. Liquid medication should only be administered by an oral syringe that is metric based. Our pediatric nursing expert, Dr. Beal, explains how nurses can play an important role in teaching parents how to safely give medications to their children.

Judy A. Beal, DNSc, RN, FNAP, FAAN



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BREASTFEEDING

Is Routine Fortification of Human Milk for Babies in the Neonatal Intensive Care Unit Indicated?

Although multi-nutrient fortification of human milk for babies in the neonatal intensive care unit is routine in the United States, a recent Cochrane Review suggests limited benefits. Our breastfeeding expert, Dr. Spatz, offers suggestions for evaluating current practice on human milk fortification.

Diane L. Spatz, PhD, RN-BC, FAAN

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GLOBAL HEALTH AND NURSING

Building on Strengths: Maya Midwifery International

Maya Midwifery International provides care to mothers and babies in areas with low resources in Guatemala. Our global health nursing expert, Dr. Callister, discusses how this initiative is an example of working within the limits of available resources, addressing social determinants of health, and collaborating to enhance ability for indigenous providers to play a vital role in healthcare delivery that is safe, culturally appropriate, and cost effective.

Lynn Clark Callister, PhD, RN, FAAN

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TOWARD EVIDENCE BASED PRACTICE

Experts suggest how 6 research articles can be used in nursing practice.

Coordinated by Annie Rohan, PhD, RN, NNP-BC, PNP-BC
Heidi Krowchuk, PhD, RNC, FAAN,
Judith Lewis, PhD, RN, FAAN

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PERINATAL PATIENT SAFETY

Avoiding Adverse Events after Postpartum Hospital Discharge

The hospital discharge process for new mothers and babies after childbirth is not always as comprehensive and individualized as it should be. Recommendations from the Agency for Healthcare Research and Quality for avoiding adverse events after hospital discharge are discussed and applied to postpartum and newborn care.

Kathleen Rice Simpson, PhD, RN, CNS-BC, FAAN

MISSION STATEMENT

MCN: The American Journal of Maternal Child Nursing, is written for nurses who are involved in various aspects of maternal and child nursing. MCN provides clinical and research articles to support nurses in practice that are based on the most recent and rigorous evidence. This peer-reviewed journal offers integrated clinical practice information and thought-provoking solutions for all aspects of maternal child care in the inpatient, outpatient and home care settings.

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