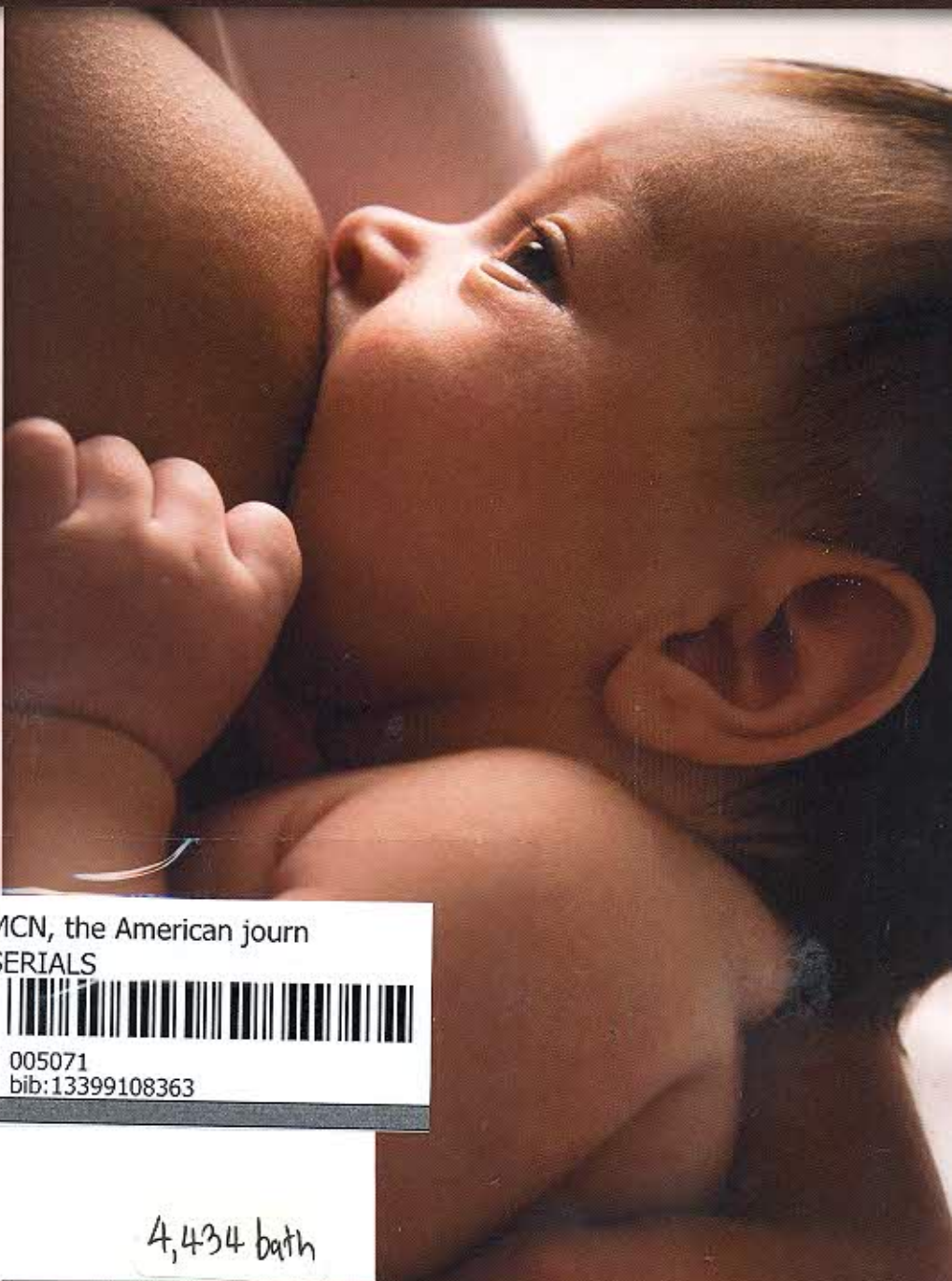


MCN

วารสารใหม่ประจำเดือน
มิถุนายน....2559....

The American Journal of Maternal/Child Nursing®

- ☑ Peanut Ball Use during Labor: RCT
- Prenatal Care for Minority Women
- Child Care Centers and Promotion of Breastfeeding
- Home Visits for Pregnant Teens: RCT
- Discharge Education and Postpartum Depression
- Gestational Diabetes and Breastfeeding
- ☑ Energy Drink Use by Breastfeeding Mothers



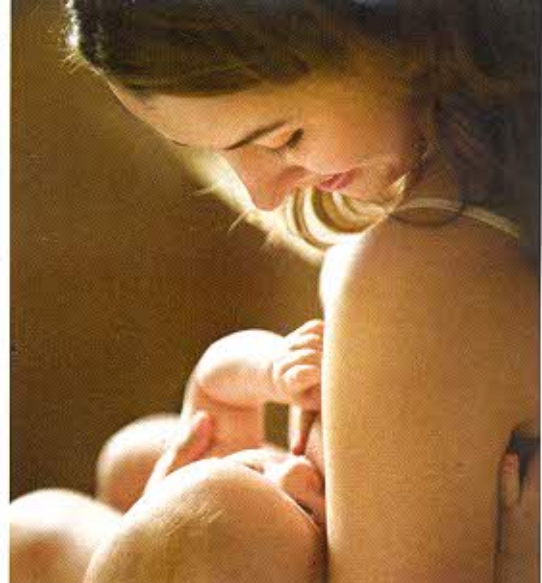
 Wolters Kluwer

MCN, the American journal
SERIALS



005071
bib:13399108363

4,434 bath



feature articles

140 **CE** Randomized Controlled Trial of Use of the Peanut Ball During Labor

The peanut ball is a specific type of birthing ball used by some women in labor. It may be helpful in maternal positioning and promoting labor progress. A randomized trial of peanut ball use is reported.

Cheryl Roth, PhD, WHNP-BC, RNC-OB, RNFA, Sarah A. Dent, MSN, RNC-OB, Sheryl E. Parfit, MSN, RNC-OB, Sandra L. Hering, MSN, RNC-OB, CPHIMS, R. Curtis Bay, PhD

147 Improving Prenatal Care for Minority Women

Prenatal care has traditionally focused on risk reduction rather than health promotion. During prenatal care, childbearing women desire more information on physical and mental health in addition to how to have a healthy pregnancy. Mental health promotion is specially critical for pregnant minority women because they are known to have increased stress, anxiety, and depression, each of which is related to poor pregnancy outcomes.

Susan Gennaro, PhD, RN, FAAN, Bernadette Mazurek Melnyk, PhD, RN, Caitlin O'Connor, MSN, RN, CPNP, Anne M. Gibeau, PhD, CNM, Ellen Nadel, BS, RN

154 **SDC** Child Care Centers' Role in Support of Breastfeeding Families

Very little information is known about how child care centers promote breastfeeding. This study provides information about support of breastfeeding by child care centers in the Philadelphia, PA area and has implications for all child care centers in the United States.

Emily Garth, BSN, RN, Abigail L. Messer, BSN, RN, Diane L. Spatz, PhD, RN-BC, FAAN



162 Effect of Home Visiting with Pregnant Teens on Maternal Health

Home visiting may be an effective method of promoting health during pregnancy and postpartum. This randomized trial demonstrates positive outcomes for pregnant teens participating in a home visiting program.

Wilaiporn Samankasikorn, MS, RN, Brittany Pierce, BS, RN, Amanda St. Ivany, BS, BSN, RN, Seok Hyun Gwon, MS, RN, Donna Schminkey, PhD, RN, CNM, Linda Bullock, PhD, RN, FAAN

168 Effectiveness of Discharge Education on Postpartum Depression

Postpartum depression is a serious condition that disproportionately affects women of low socioeconomic status and women with a history of prior depression or anxiety. This study evaluated efficacy of an education intervention for women during postpartum hospitalization in minimizing risk of depression at 6 weeks, 3 months or 6 months postpartum.

Deborah McCarter-Spaulling, PhD, RN, IBCLC, WHNP-BC, Stephen Shea, PhD

173 Breastfeeding Self-efficacy of Women With and Without Gestational Diabetes

Women with gestational diabetes are at risk for breastfeeding challenges. Initiation of breastfeeding as soon as possible immediately after birth was found to be helpful in promoting successful breastfeeding among this population.

Ilana R. A. Chertok, PhD, MSN, RN, IBCLC, Elissa Sherby, RN, MSN, IBCLC

179 **CE** Energy Drinks: Implications for the Breastfeeding Mother

Energy drinks are often used by new mothers who are fatigued by the demands of breastfeeding but little is known about the effects of the contents on infants and the interaction of the contents with the prenatal vitamins many times used by breastfeeding mothers. An overview of the clinical implications of energy drink use by new mothers is provided.

Janet Thornton, PhD, MS, RN, Azza Ahmed, DNSc, RN, IBCLC, CPNP, David A. Colby, PharmD, PhD

MCN

The American Journal of Maternal/Child Nursing®

MAY/JUNE 2016 • VOLUME 41/NUMBER 3

ongoing columns

139 EDITORIAL

The American Nurses Association's White Paper on Nurse Staffing: Clinical and Economic Benefits of Appropriate Staffing

The American Nurses Association has published a new white paper on nurse staffing Optimal Nurse Staffing to Improve Quality of Care and Patient Outcomes. All nurses should review this document to be up-to-date on the latest evidence linking appropriate nurse staffing to better outcomes for patients.

Kathleen Rice Simpson, PhD, RNC, CNS-BC, FAAN

153 CORRECTION

Safe Sleep for Hospitalized Infants

186 HOT TOPICS IN MATERNITY NURSING

Gentle Cesarean Birth

What can be done during cesarean birth to promote the birth aspect of the procedure while keeping the surgical safety processes in place to protect mother and baby? Our maternity nursing expert explains this trend in care during childbirth.

Kirsten Wisner, MS, RNC, CNS

187 HOT TOPICS IN PEDIATRIC NURSING

Is Family-Centered Care Really Family-Centered in the Newborn Nursery?

Patient- and family-centered care is much talked about but not always reality in the care of mothers and babies during the inpatient stay for childbirth. It should be.

Judy A. Beal, DNSc, RN, FNAP, FAAN

188 NUTRITION FOR THE FAMILY

Food Allergies: New Evidence for Peanut Introduction

Approximately 15 million Americans have food allergies, 8% of which are children. Food allergies are therefore a major public health issue. New guidelines suggest introducing peanuts early in the diet of children who are high risk for developing peanut allergies. Our nutrition expert, Dr. Morin, provides an update.

Karen H. Morin, PhD, RN, ANEF, FAAN

189 HEALTH INFORMATION TECHNOLOGY

Interoperability Standards and the Potential of Interoperability

As any nurse who uses an electronic medical record knows, interoperability between systems is a huge problem. While caring for one patient, a nurse may have to interact with multiple systems, none of which "talk to each other", requiring a significant amount of duplicate documentation, extra time, risk of error, and overall unneeded frustration. Measures of progress on interoperability for nursing are discussed and a general update is provided by our HIT expert Dr. McCartney.

Patricia McCartney, PhD, RN, FAAN

190 GLOBAL HEALTH AND NURSING

Global Strategy for the Health of Women, Children, and Adolescents: 2016-2030

Global strategies associated with the new sustainable development goals provide clear direction for the future. All women and children world-wide deserve a healthy life where they have the ability to succeed and be all that they can be. The goals for maternal-child health are achievable with continued and collective effort of those with more resources.

Lynn Clark Callister, PhD, RN, FAAN

192 TOWARD EVIDENCE BASED PRACTICE

Experts suggest how 6 research articles can be used in nursing practice.

Coordinated by Judith A. Lewis, PhD, RN, FAAN

Teri H. Lipman, PhD, CRNP, FAAN and

Nancy O'Brien-Abel, RNC-OB, MN

196 PERINATAL PATIENT SAFETY

Choosing Wisely

Providing health information at the appropriate literacy level and in enough detail so women are empowered to make wise choices for their care is one of the most important aspects of perinatal nursing. Unnecessary interventions increase risk of patient harm and result in excess healthcare costs. Choosing wisely promotes patient safety and sensible use of limited health resources.

Kathleen Rice Simpson, PhD, RN, CNS-BC, FAAN

MISSION STATEMENT

MCN: The American Journal of Maternal Child Nursing, is written for nurses who are involved in various aspects of maternal and child nursing. MCN provides clinical and research that are based on the most recent and rigorous evidence to support nurses in practice. This peer-reviewed journal offers integrated clinical practice information and thought-provoking solutions for all aspects of maternal child care in the inpatient, outpatient and home care settings.

MCN Information for Authors
is available at www.mcnjournal.com,
click on Journal Info.

When citing an article from this Journal in your CV or in a reference list, please use the Journal's complete name every time:
"MCN, The American Journal of Maternal Child Nursing"