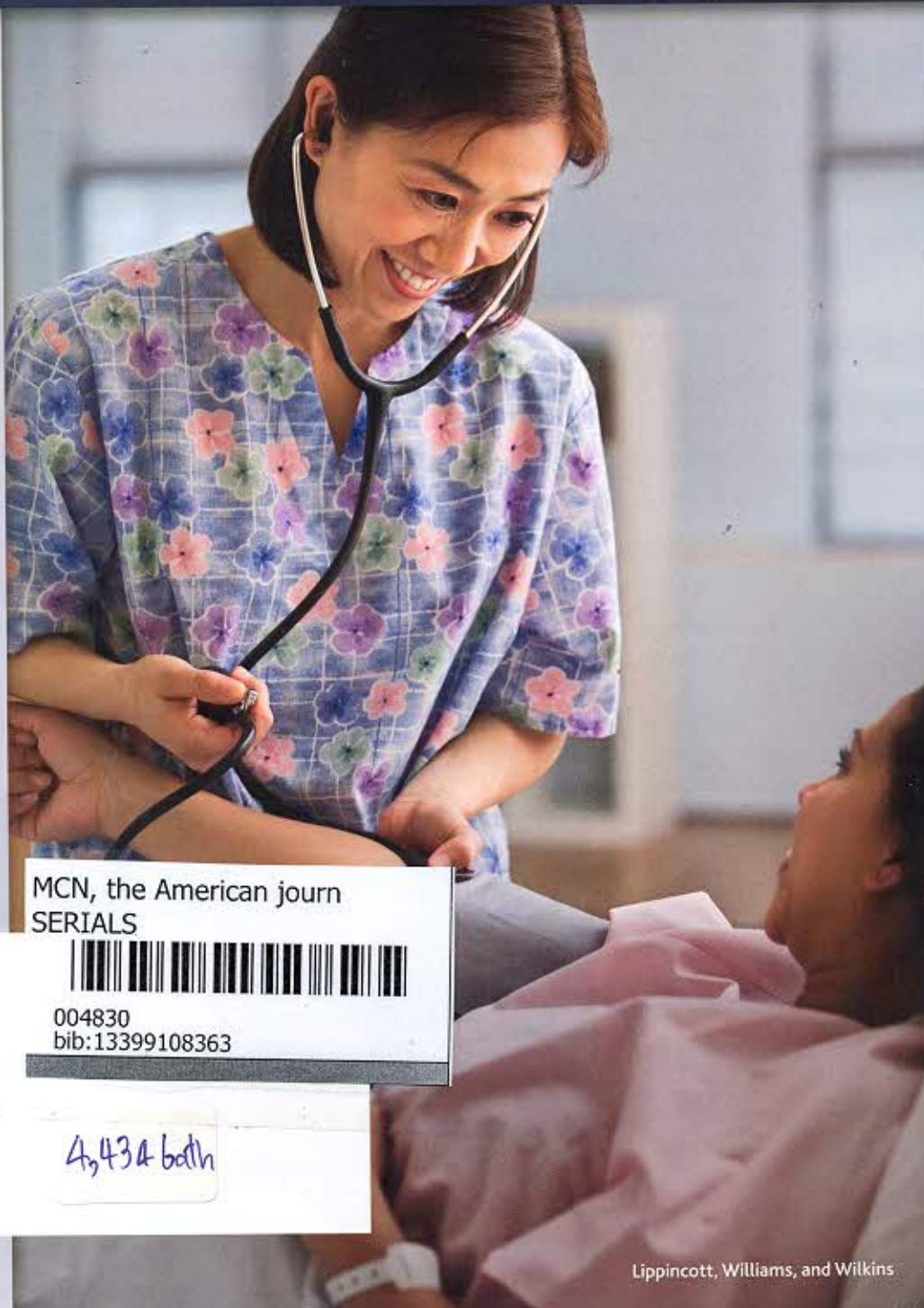



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The American Journal of Maternal/Child Nursing®

- CE** Cardiovascular Implications of Preeclampsia
- Home Visitation and Birth Outcomes
- Virtual Antepartum Visits
- CE** Teen Mothers' Mental Health
- Caring for Childbearing Women who Misuse Opioids
- Safe Sleep for Hospitalized Infants
- Practices and Attitudes About Miscarriage



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feature articles

8 Cardiovascular Implications of Preeclampsia

CE

Women who develop preeclampsia during pregnancy are at risk for cardiovascular disease later in life.

Adriane Burgess, MSN, RNC-OB, CCE, Sandra Founds, CNM, FNP, PhD

16 A Community-Based Home Visitation Program's Impact on Birth Outcomes

Home visiting programs are a promising approach to decrease adverse birth outcomes in disadvantaged communities.

Yuqing Guo, PhD, RN, Pamela Pimentel, RN, Jared Lessard, PhD, Julie Rousseau, PhD, CNM, RN, Jung-Ah Lee, PhD, RN, Yvette Bojorquez, RN, Michele Silva, Ellen Olshansky, PhD, RN, FAAN

24 Virtual Visits: Managing prenatal care with modern technology

Virtual prenatal visits interspersed with in-office visits are a novel way to meet the needs of healthy low-risk pregnant women and may offer the ability to improve efficiency while decreasing costs.

Bethann M. Pflugeisen, MS, MEd, Christi McCarren, MBA, RN, Stephen Poore, MD, Malinda Carlile, ARNP, Richard Schroeder, MD



31 Teen Mothers' Mental Health

CE

Teen mothers often have psychological distress. High rates of distress are attributed to teen mothers' childhood adversities and the difficulties of parenting in the context of chronic stress, cumulative disadvantage, and limited social support.

Lec SmithBattle, PhD, RN, Patricia Freed, EdD, RN

37 Nurses' Perceptions of Caring for Childbearing Women who Misuse Opioids

Misuse of prescription and illicit opioids among women of childbearing age has dramatically increased over the last 30 years in the United States. This study explores nurses' perceptions of challenges and opportunities in providing nursing care for childbearing women who misuse opioids and their babies who have been exposed to opioids during pregnancy.

Michele Rose Shaw, PhD, RN, Crystal Lederhos, BS, MA, Mel Haberman, PhD, RN, FAAN, Donelle Howell, PhD, Susan Fleming, PhD, RN, John Roll, PhD

43 Safe Sleep for Hospitalized Infants

A quality improvement project to promote safe sleep for hospitalized infants is reported. The project covered eight pediatric units, the neonatal intensive care unit, and the mother-baby unit. Success came slower than expected, however challenges in engaging nurses and other caregivers in the project were eventually overcome.

Sherri L. McMullen, PhD, RN, FNP, NNP-BC, Irene Durko Fioravanti, MEd, MS, RN, PPCNP-BC, Kristen Brown, MSN, NNP-BC, Mary G. Carey, PhD, RN, FAAN

51 Health Professionals' Practices and Attitudes About Miscarriage

Many women come to the emergency department when they are having a miscarriage; however, nurses and physicians in the emergency department do not always know how to best help women through this devastating life event.

Joyce Engel, PhD, RN, Lynn Rempel, PhD, RN



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ongoing columns

7 EDITORIAL

Beware of Predatory and Deceptive Publishers

All is not what it seems with some journals and their publishers. Nurses need to be aware of predatory and deceptive publishers.

Kathleen Rice Simpson, PhD, RNC, CNS-BC, FAAN

58 HOT TOPICS IN MATERNITY NURSING

Standards-Based Determination of the Estimated Due Date

Accurate pregnancy dating is important in promoting the best outcomes. New recommendations on determining the estimated due date have been published by the American College of Obstetricians and Gynecologists, the American Institute of Ultrasound Medicine, and the Society for Maternal-Fetal Medicine (SMFM) (2014) and are explained by our maternity nursing expert.

Kirsten Wisner, MS, RNC, CNS

59 HOT TOPICS IN PEDIATRIC NURSING

Childhood Obesity

Childhood obesity is a major public health problem that has immediate and long-term sequelae including: high cholesterol or high blood pressure, diabetes, bone and joint disorders, sleep apnea, and social and emotional problems. Obese children and adolescents are highly likely to remain obese as adults and therefore develop serious adult health problems of diabetes, heart disease, stroke, cancer, and osteoarthritis. Our pediatric nursing expert, Dr. Beal, provides an update.

Judy A. Beal, DNSc, RN, FNAP, FAAN

60 NUTRITION FOR THE FAMILY

High Altitude Illness: Dietary Implications

Have you ever wondered how to prevent high altitude illness when traveling? What is the best nutrition advice for patients planning travel to a high altitude destination? Our nutrition expert, Dr. Morin, explains how adequate hydration and eating more complex carbohydrates may be helpful as proactive preventative measures.

Karen H. Morin, PhD, RN, ANEF, FAAN

61 HEALTH INFORMATION TECHNOLOGY

Nursing Practice With Menstrual and Fertility Mobile Apps

A search on any smart phone app store for menstruation, ovulation, or fertility trackers results in hundreds of choices of free or low cost apps. Women use these apps frequently. Our HIT expert, Dr. McCartney, shows they can be beneficial for clinical practice.

Patricia R. McCartney, PhD, RNC, FAAN

62 GLOBAL HEALTH AND NURSING

Managing Birth Asphyxia: Helping Babies Breathe

Helping Babies Breathe (HBB) is a remarkable evidence-based intervention with documented significant outcomes. It is a neonatal resuscitation program embedded within essential services for mothers and newborns in partnership with the American Academy of Pediatrics, the World Health Organization, United States Agency for International Development, Save the Children's Saving Newborn Lives program, the National Institute of Child Health and Development, and other global health stakeholders. Our global health expert, Dr. Callister, provides an overview of the program.

Lynn Clark Callister, PhD, RN, FAAN

64 TOWARD EVIDENCE-BASED PRACTICE

Experts suggest how 6 research articles can be used in nursing practice.

Coordinated by Judith Lewis, PhD, RN, FAAN
Laura L. Hayman, PhD, RN, FAAN, Kathleen Leask Capitulo, PhD, RN, FAAN

68 PERINATAL PATIENT SAFETY

Incivility, Bullying, and Workplace Violence: New Recommendations for Nurses and Their Employers From the American Nurses Association

A new position statement from the American Nurses Association on incivility, bullying, and workplace violence is reviewed. Nurses have responsibilities as professionals to speak up and take action when there is incivility, bullying, and violence in the workplace.

Kathleen Rice Simpson, PhD, RNC, CNS-BC, FAAN

MISSION STATEMENT

MCN: The American Journal of Maternal Child Nursing, is written for nurses who are involved in various aspects of maternal and child nursing. MCN provides clinical and research articles to support nurses in practice that are based on the most recent and rigorous evidence. This peer-reviewed journal offers integrated clinical practice information and thought-provoking solutions for all aspects of maternal child care in the inpatient, outpatient and home care settings.

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