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The American Journal of Maternal/Child Nursing[®]

SPECIAL ANNIVERSARY SERIES:

Supportive Environments for Care of Families and Children

- CE** Family-Centered Rounds
- Optimizing Perioperative Care
- CE** Compassion Fatigue

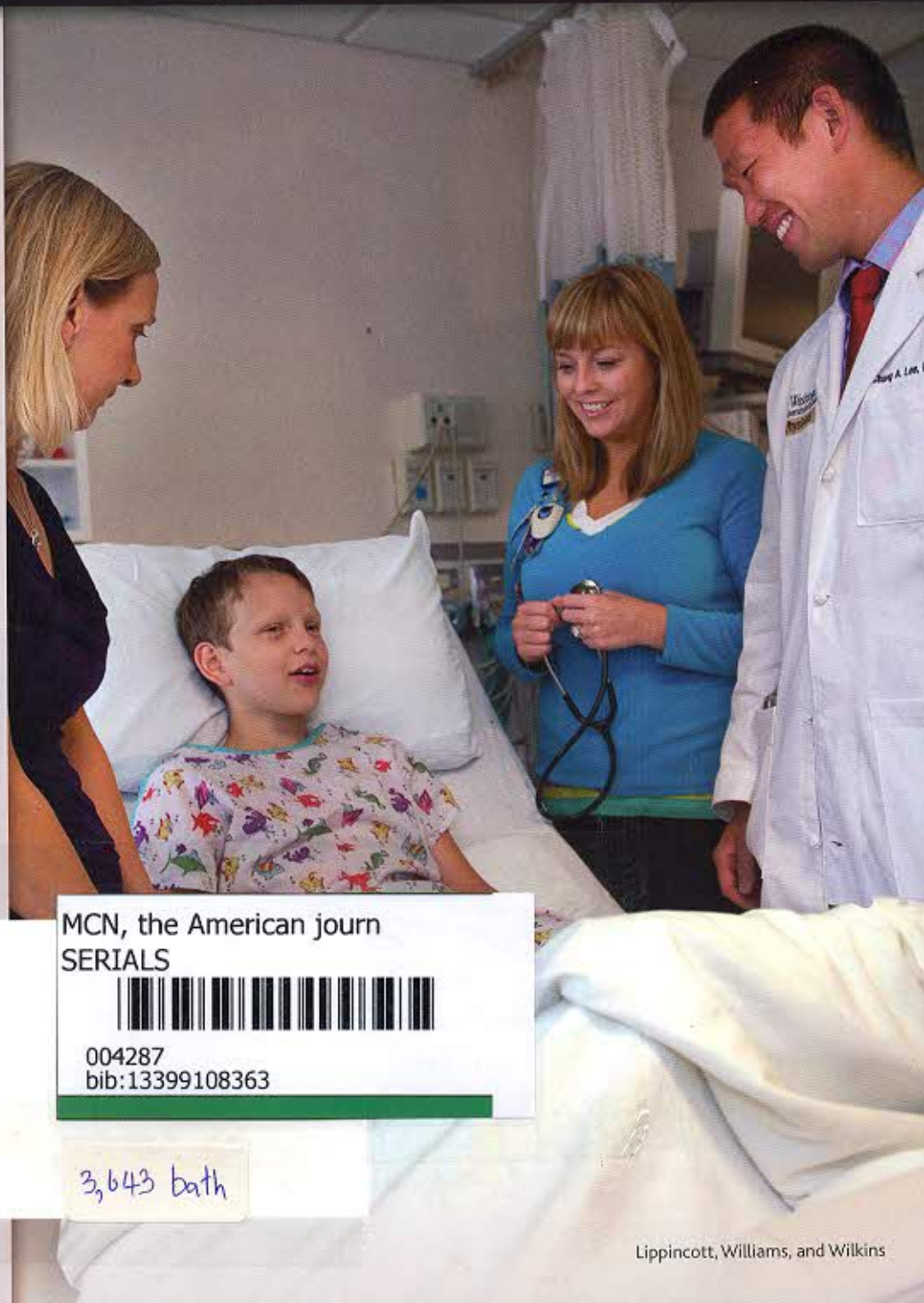
Perinatal Patient Care Conferences

Breastfeeding, Co-sleeping, and Dental Health Advice

Formaldehyde Exposure during Pregnancy

Education for Teen Mothers

Debate: Care Transitions



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feature articles

145 Beyond Implementation: Sustaining Family-Centered Rounds

CE

Family-centered rounds enhance communication between members of the healthcare team and the patient and family, however there can be significant barriers to making this happen consistently. Nurses in this pediatric unit share their experiences with family-centered rounds and their eventual success in incorporating them into daily care.

Kara Nichols, BSN, RN, CPN, Karen Crow, MSED, Karen Balakas, PhD, RN, CNE

153 Optimizing Perioperative Care for Children and Adolescents With Challenging Behaviors

Nursing care of children having a surgical procedure can be challenging when there are special developmental or behavioral needs. Nurses in this pediatric perioperative unit describe development and implementation of an Adaptive Care Planning tool. Individualizing the plan of care based on parent-reported specific behaviors, triggers, and communication patterns of children prior to hospitalization can lead to a more successful perioperative experience for patients and families.

Karen Balakas, PhD, RN, CNE, Carol S. Gallaher, BSN, RN, Carra Tilley, BSN, RN

160 Compassion Fatigue Among Pediatric Healthcare Providers

CE

Pediatric nurses caring for chronically and acutely ill children are at increased risk for developing compassion fatigue. This study evaluated compassion fatigue of pediatric nurses and allied health professionals in an academic pediatric hospital. Based on results, a program that includes recognition of signs of burnout and compassion fatigue and self-help measures has been developed and implemented at the hospital.

Carole Branch, DNP, RN, PNP-BC, Dean Klinkenberg, PhD

167 Improving Communication and Coordination of Complex Perinatal Patients

Pregnant women with medical or obstetric complications are in need of easy to understand information about their clinical condition and excellent individualized care. Family-centered perinatal care involves the pregnant woman and her family as full partners in the care planning process. The perinatal team at Seton Medical Center Austin describe their quality improvement project to improve communication and support family-centered care.

Sara Gordon, RNC-OB, Joan Aydam, BSN, RN, Kenna Hamm, LMSW, Morgan Rocha, RNC-OB, Andrea Northcut, MAMFC, MARE, BCC, Becky Roberson, BSN, RNC-NIC, Marilyn Shook, BS, RN, CLNC

174 Breastfeeding, Co-Sleeping and Dental Health Advice

Some women who are breastfeeding practice co-sleeping with their babies, during which breastfeeding occurs frequently over the course of the night. This practice has implications for the dental health of babies. Mothers often may not tell their healthcare providers about co-sleeping. Healthcare providers should ask new mothers about sleeping and breastfeeding patterns.

Karie M. Lapps Wert, DMD, Rochelle Lindemeyer, DMD, Diane L. Spatz, PhD, RN-BC, FAAN

180 Formaldehyde Exposure During Pregnancy

Pregnancy is an especially vulnerable time for exposure to indoor air pollutants such as formaldehyde. This research evaluated formaldehyde exposure among 140 pregnant women. Average exposure level of participants exceeded recommended limits for residential dwellings. Nurses should discuss sources of formaldehyde (home remodeling, new carpet, new furniture and nail polish) with pregnant women.

Azita Amiri, PhD, RN, Erica Pryor, PhD, RN, Marti Rice, PhD, RN, FAAN, Charles A Downs, PhD, RN, Anne Turner-Henson, PhD, RN, FAAN, Michelle V. Fanucchi, PhD

186 Acceptability and Initial Efficacy of Education for Teen Mothers

Pregnant teens are in need of education about many aspects of prenatal health, labor, birth and postpartum, and infant care. The process of learning important information about maternal-newborn care and the challenges of retaining the information over time are explored in this study. Health literacy is essential to promoting quality outcomes for mothers and babies.

M. Cynthia Logsdon, PhD, WHNP-BC, FAAN, Deborah Winders Davis, PhD, Reetta Stikes, MSN, RN, Rachel Rartermann, RN, APRN, Lesa Ryan, BA, John Myers, PhD



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Ongoing columns

141 GUEST EDITORIAL

Supportive Environments for Care of Families and Children

Three projects recently initiated at St. Louis Children's Hospital to create and enhance a supportive environment for the care of children and their families are shared.

Peggy Gordin, MS, RN, NEA-BC, FAAN

142 SECOND OPINION

Should Older Teens and Young Adults With Chronic, Life Threatening Pediatric Illnesses be Transitioned to Adult Providers and Care Based on Chronologic Age?

When is the best time to transition care of teens and young adults with chronic healthcare conditions to adult providers?

Coordinated by Kathleen Leask Capitulo, PhD, RN, FAAN
Writing for the PRO: Colleen McCarthy RN, MS, NP
Writing for the CON: Cynthia McKie-Addy MS, RN

193 HOT TOPICS IN MATERNITY NURSING

Fetal Heart Monitoring Prior to Cesarean Birth

What is recommended for fetal assessment prior to cesarean birth? Do all women need continuous electronic fetal monitoring?

Kirsten Wisner, MS, RNC, CNS

194 HOT TOPICS IN PEDIATRIC NURSING

Should We Diagnose Psychopathology in Infancy?

Diagnosing psychopathology in very young children is an emerging debate in newborn and pediatric clinical practice. Potential advantages and disadvantages are discussed.

Jessica Onnembo, BSN, Judy A. Beal, DNSc, RN, FNAP, FAAN

196 NUTRITION FOR THE FAMILY

Helping Families Understand Portion and Serving Sizes

There are differences between portion size and serving size. Each has an influence on weight management and risk of obesity.

Karen H. Morin, PhD, RN, ANEF, FAAN

197 HEALTH INFORMATION TECHNOLOGY

Downloading Electronic Health Record Data with a Blue Button or Green Button

Health information technology can support personalized and effective care with the development of a Green Button download of similar patients.

Patricia McCartney, PhD, RN, FAAN

198 GLOBAL HEALTH AND NURSING

Kangaroo Mother Care for Preterm Infants Globally

Kangaroo Mother Care has been identified an important strategy to reduce neonatal mortality in low birth weight and preterm infants globally.

Lynn Clark Callister, PhD, RN, FAAN

200 TOWARD EVIDENCE BASED PRACTICE

Experts suggest how 6 research articles can be used in nursing practice.

Coordinated by Judith A. Lewis, PhD, RN, FAAN
Terri H. Lipman, PhD, CRNP, FAAN
Arwa Oweis, DNSc, RN

204 PERINATAL PATIENT SAFETY

The Precautionary Principle

Two new resources support the concept of avoiding interventions during childbirth unless needed based on the condition of the mother and baby. Unnecessary interventions are not benign and may be associated with unintended harm.

Kathleen Rice Simpson, PhD, RNC, CNS-BC, FAAN

MISSION STATEMENT

MCN: The American Journal of Maternal Child Nursing, is written for nurses who are involved in various aspects of maternal and child nursing. MCN provides clinical and research articles to support nurses in practice that are based on the most recent and rigorous evidence. This peer-reviewed journal offers integrated clinical practice information and thought-provoking solutions for all aspects of maternal child care in the inpatient, outpatient and home care settings.

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