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The American Journal of Maternal/Child Nursing®

**SPECIAL
ANNIVERSARY
SERIES:**

**Chronic Illness
in Children**

CE Juvenile Idiopathic
Arthritis

CE Congenital Heart
Disease

Health Related Quality
of Life of Children


Transgender Men and
Lactation

Hydrocolloid to Prevent
Nares Breakdown in
Preterm Infants

Perinatal Palliative Care

Folic Acid Intake Among
College Students

Debate: Planned Home
Birth

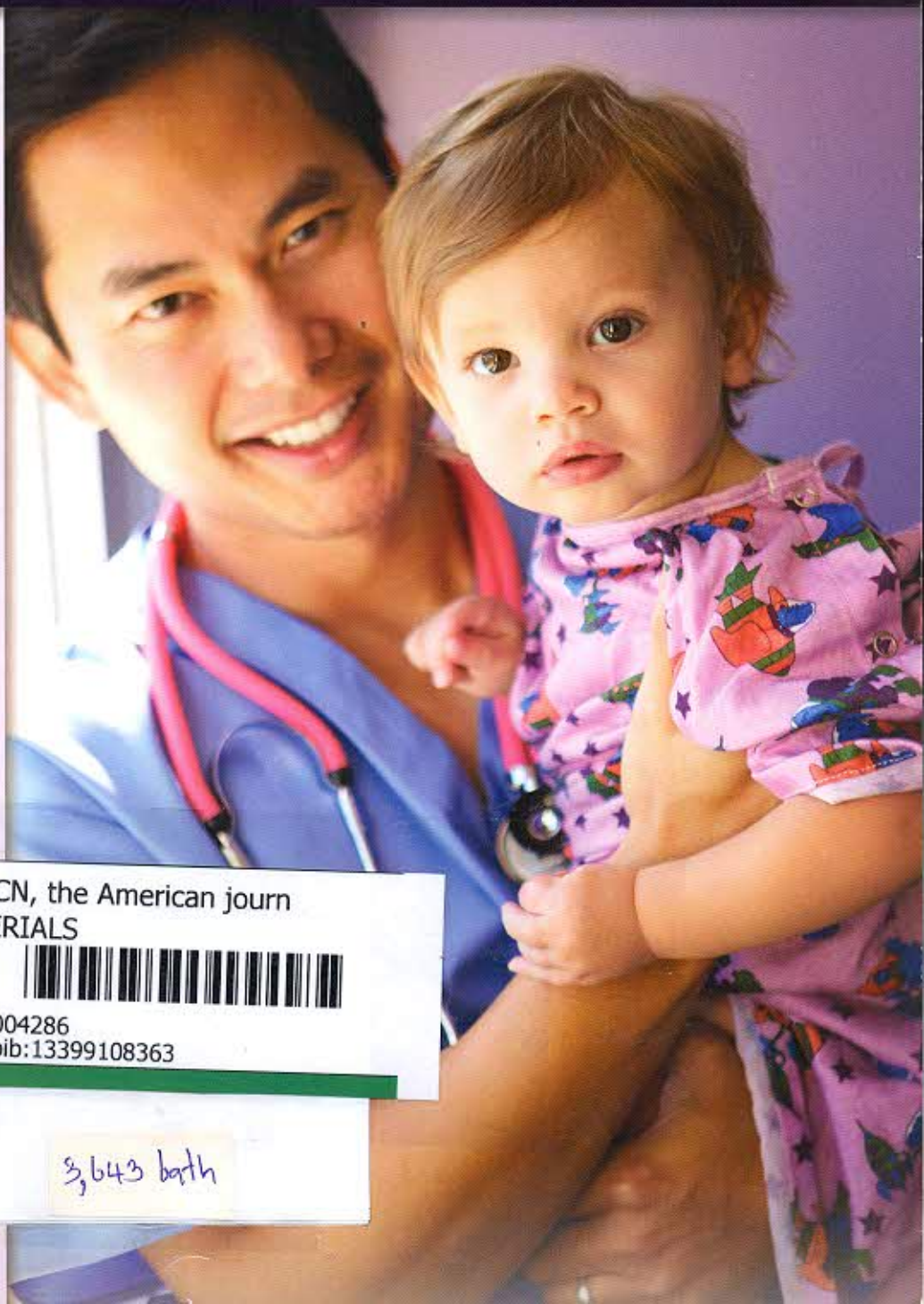
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feature articles

8 Growing up with Juvenile Idiopathic Arthritis

CE

Juvenile idiopathic arthritis is the most common pediatric chronic illness in the United States. Review nursing strategies to assist adolescents to take an active role in their disease management and health promotion activities, which are critical components of transitional care.

Amy McKeever, PhD, CRNP, WHNP-BC and
Michelle M. Kelly, PhD, CRNP

16 The School Age Child with Congenital Heart Disease

CE

School age (between 6 and 12 years) is the best time for nurses to begin educating children with congenital heart disease (CHD) about their unique health needs and helping them to prepare for successful transition into young adulthood as a happy and healthy CHD survivor. This article offers an overview of the process.

Lynn Boyle, MSN, RN, Michelle M. Kelly, PhD, CRNP,
Kathryn Reynolds, MSN, RN, Misty Conlan, MSN, RN,
and Felisha Taylor, MSN, RN

24 Health-Related Quality of Life for Chronically Ill Children

Health-related quality of life is a significant issue for children with chronic illness. Methods to measure this important indicator of health are discussed.

Mary Ann Cantrell, PhD, RN and
Michelle M. Kelly, PhD, CRNP



32 Transgender Men and Lactation: What Nurses Need to Know

Many perinatal nurses have little knowledge of transgender men and their healthcare needs during their childbirth experience. Valuable information is presented that will be helpful in caring for this unique subset of childbearing patients.

Emily Wolfe-Roubatis, BA, BSN and
Diane L. Spatz, PhD, RN-BC, FAAN

39 Hydrocolloid to Prevent Breakdown of Nares in Preterm Infants

Very low birthweight babies with fragile, poorly keratinized skin are at risk for skin breakdown based on a variety of factors in their care, including administration of oxygen via heated humidified high-flow nasal cannula. This study describes use of a double barrier hydrocolloid dressing to promote skin integrity and minimize trauma to the nares and columella in these vulnerable infants.

Lori D. Morris BSN, RNC, Jodi Herron Behr MSN,
RNC, Sandra L. Smith, PhD, APRN, NNP-BC

44 Clinician Perspectives of Barriers in Perinatal Palliative Care

SDC

Perinatal palliative care supports families anticipating fetal or neonatal demise. This study measured barriers physicians and advance practice nurses report in providing and referring patients to these types of programs.

Charlotte Wool, PhD, APRN

51 Predicting Folic Acid Intake Among College Students

More needs to be done to increase awareness among college students about the importance of taking folic acid since daily intake of folic acid prior to pregnancy can prevent 50-70% of all neural tube defects.

Susan H. Lane, PhD, MSN, RN, Annette Hines, PhD,
RN, CNE, and Heidi Krowchuk, PhD, RN, FAAN



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Ongoing columns

4 GUEST EDITORIAL

The Children are Our Future

We are excited to introduce the first special topics series in celebration of MCN's 40th anniversary. Each issue of MCN in 2015 will feature a special clinical issue of interest to nurses who practice in the maternal child setting. Our first topic is *Chronic Illness in Children*.

Michelle M. Kelly, PhD, CRNP

6 SECOND OPINION COLUMN

Are Planned Home Births Safe?

What are the risks to the mother and baby when home birth is planned?

Coordinated by Kathleen Leask Capitolo, PhD, RN, FAAN, FACCE

Writing for the PRO: Olof Asta Olafsdottir, PhD, RN, RM

Writing for the CON: Zhaoxia Huang, BSN, RN

58 HOT TOPICS IN MATERNITY NURSING

Intermittent Auscultation in Low-Risk Labor

Our new columnist on hot topics in maternity nursing provides information on how to use intermittent auscultation (IA) and encourages you to consider asking for an order for IA, if one does not exist, when caring for women at low risk for complications during labor.

Kirsten Wisner, MS, RNC, CNS

59 HOT TOPICS IN PEDIATRIC NURSING

Bed Sharing

Despite numerous public service campaigns and education for parents and providers, parents sharing their bed with their babies remains a pediatric health issue. Dr. Beal offers strategies for counseling new parents about bed sharing.

Judy A. Beal, DNSc, RN, FNAP, FAAN

60 NUTRITION FOR THE FAMILY

Thinking About a Diet?

Which diet works best: low carbohydrate or low fat? Our nutrition expert, Dr. Morin, provides the latest information to help guide women who may be asking about weight loss dieting.

Karen H. Morin, DSN, RN, ANEF, FAAN

61 HEALTH INFORMATION TECHNOLOGY

Texting Protected Health Information in Healthcare

Texting protected health information can be quick and convenient, however there is important information nurses need to know to be fully compliant with standards and guidelines from the Health Insurance Portability and Accountability Act (HIPAA), Health Information Technology Economic and Clinical Health Act (HITECH), and National Institute of Standards and Technology (NIST).

Patricia McCartney, PhD, RN, FAAN

62 GLOBAL HEALTH AND NURSING

Meeting the Challenge of Cystic Fibrosis

Life expectancy in those with Cystic Fibrosis varies widely, from 35-40 years in the United States and the United Kingdom to below 15 years in low resource countries including El Salvador, India, and Bulgaria. Globally, efforts are being made in an attempt to reduce morbidity and mortality associated with CF and increase public awareness of this birth defect.

Lynn Clark Callister, PhD, RN, FAAN

64 TOWARD EVIDENCE BASED PRACTICE

Experts suggest how 6 research articles can be used in nursing practice.

Coordinated by Judith A. Lewis, PhD, RN, FAAN

Laura L. Hayman, PhD, RN, FAAN and

Judy A. Lewis, PhD, RN, FAAN

68 PERINATAL PATIENT SAFETY

Electronic Health Records

Electronic health records have many positive attributes, but there is still much to be done before EHRs can realize their full potential.

Kathleen Rice Simpson, PhD, RN, CNS-BC, FAAN

MISSION STATEMENT

MCN: The American Journal of Maternal Child Nursing, is written for nurses who are involved in various aspects of maternal and child nursing. MCN provides clinical and research articles to support nurses in practice that are based on the most recent and rigorous evidence. This peer-reviewed journal offers integrated clinical practice information and thought-provoking solutions for all aspects of maternal child care in the inpatient, outpatient and home care settings.

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