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The American Journal of Maternal/Child Nursing

Low Literacy Health Education Materials

CE Health Practices During Ramadan

CE Sickle Cell Disease

Perineal Pain Relief

Mentoring Fathers

Persevering Toward Normalcy

Hospital to Home Transition of Mothers of Preterm Infants

Debate: Hospitalization for Newly Diagnosed Diabetic Children



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SERIALS



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feature articles

216 Health Beliefs and Practices of Muslim Women During Ramadan



The Muslim religion should be of particular interest for perinatal nurses, since one of its tenets requires special dietary rules which may or may not affect the health of the mother and her fetus. Learn what you need to know about pregnancy and the Muslim religion in this article

Suha Al-Oballi Kridli, PhD, RN

224 Mentoring Fathers Of Children Newly Diagnosed With Type 1 DM

We always talk about family-centered care, but in reality we nurses deal with mothers most often. In this interesting twist, nurses recruited fathers to be in an intervention group who were given social support and taught at home about their child's newly diagnosed diabetes.

Susan Sullivan-Bolyai DNSc, CNS, RN, Carol Bova PhD, RN, ANP, Mary Lee MD, and Philip A. Gruppuso, MD

232 Perinatal Implications of Sickle Cell Disease



Sickle cell disease is a serious illness which can have a negative effect on pregnancy outcome.

Nancy J. MacMullen, PhD, APN/CNS, RNC-HROB, CNE, and Laura A. Dulski, APN/CNS, RNC-HROB, CNE



241 Review of Interventions to Relieve Postpartum Pain From Perineal Trauma

When is the best time to begin non-pharmaceutical interventions for perineal pain? What materials should be used? Should your institution invest in commercial cold packs?

Melanie Robin Petersen, MSN, BA, RN

246 Developing Low-Literacy Health Education Materials For Women

The patients we care for need appropriate written materials to accompany our teaching. Dr. Wilson explains the latest research in this topic, and shows you how to develop effective health education materials.

Lindsey D. Wilson, DNP, RN, CNM

252 Hospital-To-Home Transition Of Mothers Of Preterm Infants

Leaving the hospital with an NICU graduate can be stressful for the family as mothers struggle to adjust to 24 hour care and taking on the maternal role full time.

Junyane Boonmee Griffin, PhD, RN, and Rita H. Pickler, PhD, RN, PNP-BC, FAAN

258 The Process of "Persevering Toward Normalcy" After Childbirth

How do new mothers adjust to the fatigue and lack of sleep encountered in the first 6 months postpartum? What strategies do they use?

Jennifer Doering, PhD, RN, and Stephanie L. Durfor, MSN, RN

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Ongoing columns

213 EDITORIAL

TIOP III: Important Guidance for Nursing Practice

The March of Dimes has published the latest in its series of professional monographs, this time about quality improvement and safety initiatives

Margaret Comerford Freda, EdD, RN, FAAN

214 SECOND OPINION

Should Children With Type 1 Diabetes Be Hospitalized At Diagnosis?

The diagnosis of diabetes is a major life stressor for children and their families. Such a diagnosis requires intensive nursing care and teaching. Where should this teaching and care be provided? The debaters bring their many years of professional experience to provide their informed opinions.

Coordinated by Judy Beal, DNSc, RN

Debaters: Margaret Grey, DrPH, RN, FAAN, and Elizabeth A. Doyle, MSN, APRN

266 NUTRITION FOR THE FAMILY

Key Messages From the Current USDA and DHHS Nutrition Guidelines

New guidelines are published every 10 years, and Dr. Morin explains the 2010 version for you.

Karen Morin, DSN, RN, ANEF

267 HEALTH INFORMATION TECHNOLOGY

Integrating Informatics Competencies Into Practice

Patricia R. McCartney, PhD, RN, FAAN

268 TOWARD EVIDENCE BASED PRACTICE

Experts suggest how 6 research articles can be used in nursing practice.

Judith A. Lewis, PhD, RN, WHNP-BC, FAAN, and Sigridur Sia Jonsdottir, MS, CNM, RN



271 GLOBAL HEALTH AND NURSING

Tuberculosis: Global Voices and Images

Even though there are documented treatments, tuberculosis continues to ravage certain populations.

Lynn Clark Callister, PhD, RN, FAAN

272 PERINATAL PATIENT SAFETY

Avoiding Confusion of Maternal Heart Rate With Fetal Heart Rate During Labor

It can happen, and the results can be devastating. Dr. Simpson explains how you can avoid this perinatal patient safety pitfall.

Kathleen Rice Simpson, PhD, RN, FAAN

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