

THE DOUBLE LIFE
OF EVERY WOMAN

DEPRESSION
DOES IT START IN
THE GUT?

Psychology Today

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DECEMBER 2010

THE BATTLE OVER BEAUTY

WHAT MATTERS MOST TO MEN—
AND TO WOMEN

THE DECLINE
OF THE
RENAISSANCE MAN

CAN YOU BE TOO
GOOD-LOOKING?

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SERIALS



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DEAR
MRS.
ROBINSON
SEX AND
THE AGE
TABOO

5
SUPER
POWERS
HOW FEAR
UNLOCKS
YOUR ABILITIES

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The Truth About Beauty

We downplay the importance of appearance and yet the ideal female form still holds magnetic power over us.

Amy Alkon explores this unsightly paradox. **PLUS:** Can you be too good-looking?

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Could you lift a car or outrun a bear? A fear-fueled body can accomplish those feats and more. Here are **five amazing abilities** we hope you'll never have to use. [BY JEFF WISE]

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[BY ANNIE MURPHY PAUL]

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