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26 Autologous microvascular breast reconstruction: Postoperative strategies to improve outcomes

By Maurice Y. Nahabedian, MD, FACS, and Anissa G. Nahabedian, BSN, RN
After total mastectomy, breast reconstruction can improve body image and enhance self-esteem. Exceptional nursing care after autologous microvascular breast reconstruction, as described here, can boost the odds of successful outcomes for these patients.

36 Caring for adults with impaired physical mobility

By Ann Crawford, PhD, RN, CNS, CEN, CPEN, and Helene Harris, MSN, RN
Immobility and its complications can cause physical disability and emotional suffering. With appropriate assessment skills, early mobilization efforts, and proper prevention strategies, nurses can help patients avoid complications and optimize their quality of life.

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When a preceptor needs a mentor

By Yehudis Appel, BSN, RN

A new nurse becomes a preceptor for two new graduate nurses and learns a valuable lesson herself.

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Compact state licensure: Take the "fast lane" to nursing practice

By Leigh Miranda Ashton, MA, BSN, RN

Making a big decision about relocating or becoming a travel nurse? First, explore avenues for obtaining individual state and multistate nursing licenses to avoid an unpleasant surprise.

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Ethics, pain, and pay-for-performance

By Susan K. Fisher, MSN, APN, CNOR, ACNS-BC

Delve into the ethical issues of pain management and consider how the pay-for-performance model affects nursing practice.

60 Nursing care for adults with ADHD who take stimulants

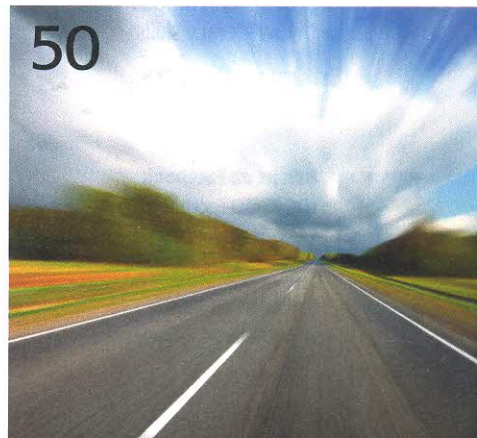
By Timothy K. Blake, MS, RN

Adults with attention deficit hyperactivity disorder have trouble maintaining concentration and impulse control, sometimes causing significant social and occupational dysfunction. Be prepared to care for adults who take stimulant medications to manage their symptoms.

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