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PREVENTION TOOL**

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reader-friendly approach.

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28 What's new in nutrition for adults with diabetes?

By Robin Nwankwo, MPH, RD, CDE, and Martha Funnell, MS, RN, CDE, FADE
Patients with diabetes often get conflicting advice on how to plan meals
in order to reach their glycemic targets and weight goals. Implement these
evidence-based guidelines to set them on the path to personalized nutrition.

36 Understanding Creutzfeldt-Jakob disease

By Vincent M. Vacca, Jr., MSN, RN, CCRN, SCRNP
All types of CJD are progressive, incurable, and transmissible, so the sooner
the diagnosis can be established, the better. Learn about important nursing
considerations for this fatal infection.



44 SHARING A Regina kind of day

By Cyndy Irvine, BSN, RN
Not every patient's story is a happy one. Sometimes the most important
care a nurse can provide is a listening ear.

47 NEW HORIZONS Writing a perfect cover letter

By Linda S. Smith, PhD, MS, RN, CLNC
On the job hunt? Score an interview with these tips for crafting a well-
considered cover letter.



51 ISSUES IN NURSING

The case for full practice authority

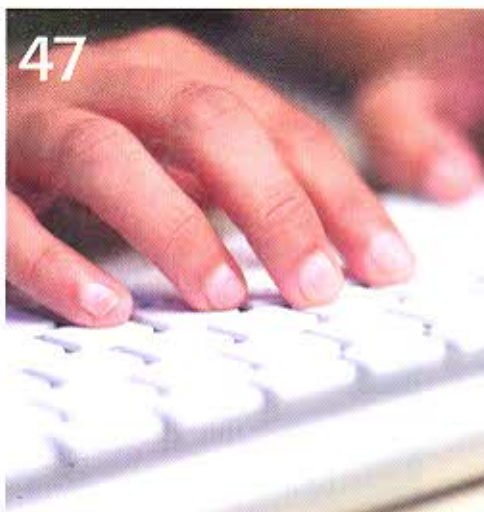
By Olivia Holmes, MSN, RN, NE-BC, VHA-CM, and Shanika Kinsey-Weathers,
MSN, RN
APRNs are perfectly positioned to help meet the primary care needs of
millions of Americans—but only if they have full practice authority.

55 Improving outcomes with the ANA CAUTI Prevention Tool

By Teresa L. Panchisin, MSN, RN, APRN, ACNS-BC, CCRN
Learn how the ANA's evidence-based tool can help nurses prevent this all-
too-common healthcare-associated infection.

60 CLINICAL SCENE INVESTIGATOR, PART 1 Redefining "time" to meet nursing's evolving demands

By Marian Altman, MS, RN, ANP, CNS-BC, and William Rosa, MS, RN, AGPCNP-
BC, AHN-BC, CCRN-CMC, LMT
Is time spent assessing and planning patient care considered "unproductive"
in your facility? Explore this topic and more in part 1 of our series on an
important new initiative.



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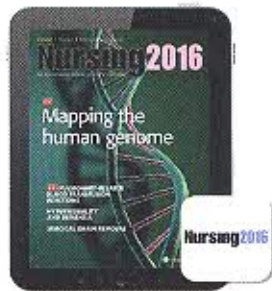
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