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36 What's on the menu? Delivering evidence-based nutritional therapy

By Mary S. McCarthy, PhD, RN, and Robert G. Martindale, MD, PhD

Review best practices in nutrition therapy, including recommendations for managing five of the top challenges nurses face when delivering enteral nutrition to acutely ill patients. Then incorporate the evidence into nursing practice so patients experience the benefits of optimal nutrition therapy, including shorter hospital stays and reduced mortality.

46 NURSING2015 SURVEY REPORT

20 questions: Evidence-based practice or sacred cow?

By Julie Miller, BSN, RN, CCRN; Denise Drummond Hayes, MSN, RN, CRNP; and Katherine W. Carey

Despite dramatic advances in healthcare research, many nurses continue to promote outdated nursing practices. Grounded in tradition rather than science, these "sacred cows" are ineffective, unnecessary, and sometimes dangerous. Read the results of a nationwide survey designed to test nurses' knowledge and beliefs about outdated nursing practices, then update your practice based on the best evidence available.

58 SHARING NP to the rescue

By Lawrence M. Wyner, MD

A nurse goes the extra mile to make sure a colleague receives the treatment he needs after a sharps injury.

60 NEW HORIZONS Securing your first clinical nursing position

By Deborah L. Ulrich, PhD, RN, and Ann M. Stalter, PhD, RN

If you're a new grad looking for your first job, don't panic! Instead, follow the practical guide presented here, based on best practices. Experienced nurses looking for a new job will find these tips helpful too.

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**Bedside shift report:
Implications for patient
safety and quality of care**

By Judymae Ofori-Atta,
MSN, BSN, RN



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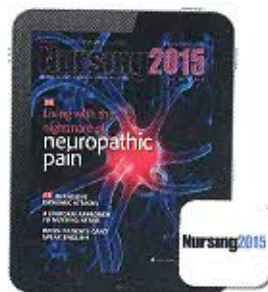


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