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## Compassion fatigue: The cost of caring <sup>48</sup>

**CE** NONMOTOR  
SYMPTOMS OF  
PARKINSON DISEASE 26

**CE** NEW DRUGS 2015,  
PART 2 34

**UMBILICAL CORD  
PROLAPSE 53**

JULY • VOL. 45 NO. 7

Nursing  
SERIALS



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evidence-based practical information with a  
reader-friendly approach.

## features

### CE CONNECTION

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#### 26 Unmasking nonmotor symptoms of Parkinson disease

By Susan A. LaRocco, PhD, RN, MBA, CNL

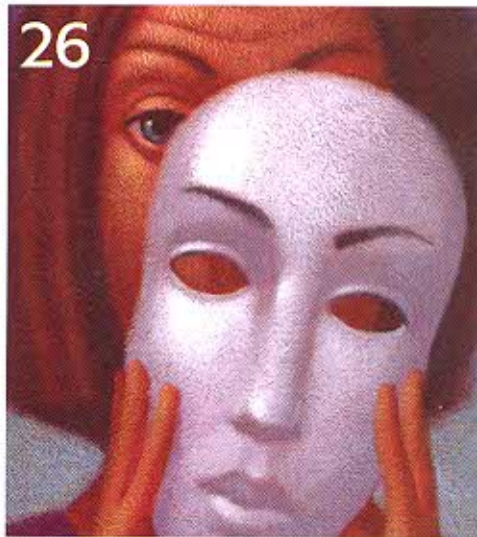
Most nurses are familiar with symptoms of PD that involve movement, such as tremors and masked facial expression. But nonmotor symptoms, such as urinary dysfunction, orthostatic hypotension, fatigue, pain, and neuropsychiatric problems, can also diminish a patient's quality of life. After refreshing your knowledge of PD, discover how to help your patient cope.

#### 34 New drugs 2015, part 2

By Daniel A. Hussar, PhD

Learn about eight drugs recently approved by the FDA, including three antibacterial drugs to treat skin and skin structure infections, two antidiabetic medications for patients with type 2 diabetes mellitus, and the first drug approved to treat non-24, a sleep-wake disorder experienced by many people who are totally blind.

26



#### 43 Understanding Raynaud phenomenon

By Susan Simmons, PhD, APRN-BC

Although relatively rare and often benign, Raynaud syndrome can cause severe pain and paresthesia in some patients. Educate them about common triggers that can set off an attack to help them avoid potentially debilitating complications.

#### 46 SHARING "Don't let the bedbugs bite!"

By Mary Jo Anderlonis Fulton, MS, RN

With teamwork and critical thinking, nurses discover the source of a persistent bedbug infestation in their facility.

#### 48 Compassion fatigue: The cost of caring

By Deborah A. Boyle, MSN, RN, AOCNS, FAAN

Underrecognized, poorly understood, and minimally researched in nurses, compassion fatigue can lead to burnout. Find out what's known about this condition so you can recognize and address early warning signs.

#### 53 When the cord comes first:

##### Umbilical cord prolapse

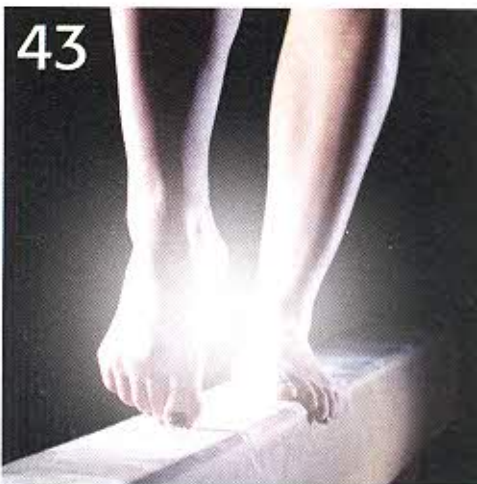
By Mary Dahl Maher, PhD, MPH, RN, CNM, and  
Elizabeth Heavey, PhD, RN, CNM

This rare obstetric emergency is potentially fatal to the infant.

Be prepared to intervene immediately and work collaboratively with the healthcare team to help the infant survive.

**Pregnancy  
in crisis**

43



46



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## departments



- 6 EDITORIAL** When a colleague drops the ball
- 8 LETTERS** Avoiding bar code pitfalls...Nursing2015 isn't just for nurses
- 10 DRUG NEWS** Topical spray helps keep bleeding at bay...take a mathematical approach to reverse the trend of antibiotic resistance...statins improve treatment outcomes in prostate cancer...dexamethasone reduces the risk of postsurgical AKI...is vaccinating boys for HPV cost-effective?
- 12 ADVICE P.R.N.** Administering drugs made for the shade...do hand hygiene rubs promote antibiotic resistance?
- 13 LEGAL MATTERS** Nursing and federal regulation
- 14 INSPIRING CHANGE** A multidisciplinary medication safety initiative
- 18 LEARNING CURVE** Mentoring RNs pursuing BSN degrees
- 23 CLINICAL ROUNDS** Therapeutic hypothermia: No advantage for kids after cardiac arrest...new guidelines for treating a first seizure in adults...can patients skip statins at the end of life?...and more
- 58 CONTROLLING PAIN** Improving pain documentation with peer chart review
- 64 COMBATING INFECTION** Respiratory syncytial virus: Not just for kids
- 66 CLINICAL QUERIES** Wearable cardioverter defibrillators
- 68 INFOBYTES** Resources for hepatitis C virus infection
- 68 DRUG CHALLENGE** Insulin preparations
- 72 MEDICATION ERRORS** Solvent in oral vitamin D product triggers infant's AKI...unlabeled solutions mixed up on a sterile field...beyond-use date needed on multiple-use vials
- 17 About Nursing2015**
- 70 Advertisers' Index**
- 71 Careers & Events**

### CEs coming next month

Survey report:  
Debunking nursing's sacred cows

Nutrition for acutely and critically ill patients

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