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34 Code blue: Do you know what to do?

By Janet E. Jackson, MS, RN, and Amy S. Grugan, MSN, RN

Although nurses in hospitals are required to have basic life support training, they may have few opportunities to practice these skills before needing to perform them in a crisis. Make sure your skills are current by reviewing appropriate actions and interventions nurses and other clinicians must perform during a code blue.

42 Patient discharge information: Tools for success

By Debra Polster, MS, APN, CCRN, CCNS

Under pressure to reduce readmission rates, healthcare facilities are focused on improving patient discharge education to improve clinical outcomes. This article presents a wealth of educational tools and strategies to help nurses assess their patients' health literacy and teach them the self-care skills they'll need after discharge.



52 NURSES WEEK TRIBUTE Simple acts

By Maureen Goodhue Polizzi, LPN

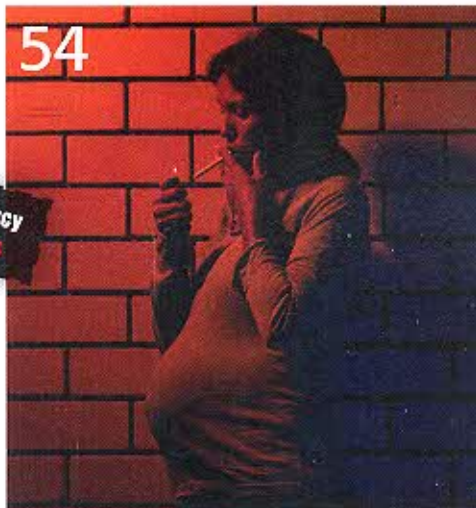
Reflecting on her 30-year career, a nurse recalls how the smallest acts of kindness—a hug, the touch of a hand, even simply the willingness to listen— affect our patients in profound ways.

54 Placental abruption: Are we going to lose them both?

By Elizabeth Heavey, PhD, RN, CNM, and Mary Dahl Maher, PhD, MPH, RN, CNM

Placental abruption, or detachment of the placenta from the uterine wall before delivery, can result in severe frank or concealed hemorrhage. This article describes the nurse's role in caring for a woman experiencing a severe placental abruption threatening the lives of mother and infant alike.

Pregnancy
in crisis



61 Using a "tag team" approach to care for critically ill patients

By Sheena Binu, B.Sc Nursing; Asmita Garate, RN; and
Maninder Singh Setia, MD, PhD, MPH

Global  Insights

Discover an innovative approach used by nurses in Mumbai, India, to improve the care of a critically ill patient at risk of serious complications.

64 Hold the phone? Nurses, social media, and patient care

By Ronald Piscotty, MS, RN-BC; Terri Voepel-Lewis, PhD, RN; Soohee Lee, MS, RN;
Ann Annis, MPH, RN; Eunjo Lee, PhD, RN; and Beatrice Kalisch, PhD, RN, FAAN

The authors weigh the positive and negative effects of social media technology on nursing practice.



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