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Sexual assault

can happen in
your facility 30

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**PHARMACOLOGY
FOR INSOMNIA 38**

PREECLAMPSIA 54

**BAR CODES CUT
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30 Sexual assault can happen in your facility: Are you prepared?

By Jennifer Oldham, MS, RN, and Anita Symonds, MS, BSN, RN, SANE-A, SANE-P
Nurses may come face-to-face with patients who've been sexually assaulted in any work environment. This article reviews who's at risk and discusses how to assess and care for sexual assault victims—including important do's and don'ts for preserving evidence.

38 Pharmacology for insomnia: Consider the options

By Jamie M. Rosini, PharmD, BCPS, and Pooja Dogra, PharmD, BCACP, CDE
For patients who don't respond adequately to behavioral approaches to treating insomnia, many prescription drugs, over-the-counter medications, and herbal and dietary supplements are available for short-term therapy. This overview sorts out the options and highlights key points for patient education.

48 SHARING

Thinking outside the box

By Rebecca Cox-Davenport, PhD, RN
By taking a fresh approach to a patient care problem, this nurse found an effective way to promote drainage of aspirated fluid.

50 NEW HORIZONS

Float pool nurses come to the rescue

By Laura Lebanik, BSN, BA, RN, CPN, and Stephanie Britt, MSL, BSN, RN, GEN, NEA-BC
Besides saving costs, tapping the talents of float pool nurses improves quality of patient care and overall patient safety. Do you have what it takes to dive into this role?

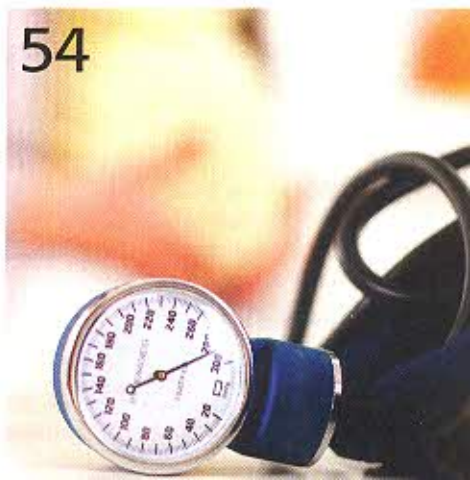
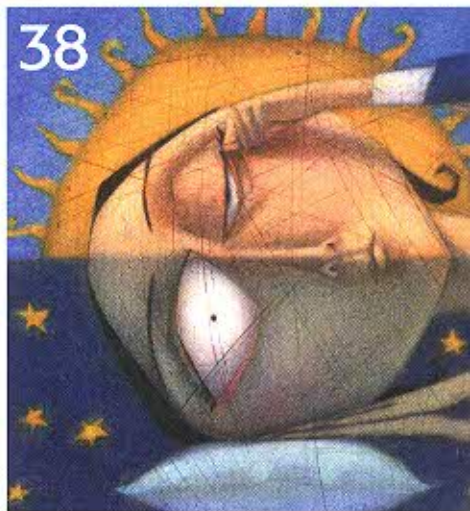
54 Preeclampsia: The pressure's on

By Loren Feulner, BSN, RN
Refresh your knowledge of this potentially life-threatening condition, including how to assess and monitor maternal and fetal well-being.



60 How informatics nurses use bar code technology to reduce medication errors

By Michael Gann, BSN, RN
Informatics nurses play an increasingly important role in implementing and managing technology that improves patient safety during medication administration. Learn all about this fast-growing career opportunity here.



Nursing2015 (ISSN 0360-4039; online ISSN 1538-8689) is published monthly by Lippincott Williams & Wilkins at 16522 Hunters Green Parkway, Hagerstown, MD 21740-2116, with editorial and advertising headquarters at Two Commerce Square, 2001 Market Street, Philadelphia, PA 19103. Periodicals postage paid at Hagerstown, MD 21740 and at additional mailing offices. Copyright © 2015 by Wolters Kluwer Health | Lippincott Williams & Wilkins. All world rights reserved. Postmaster: Send changes of address to *Nursing2015*, P.O. Box 1550, Hagerstown, MD 21740.

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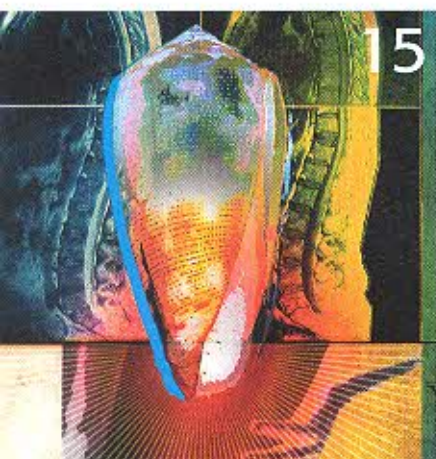


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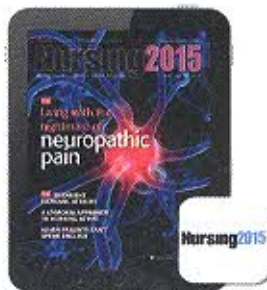
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