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Shining a light on hoarding disorder

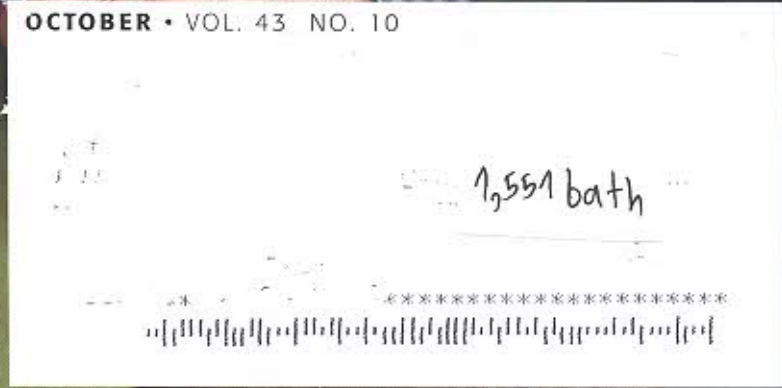
CE

Nursing
SERIALS



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- CE** **DIABETIC FOOT ULCERS 36**
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- HUMAN TRAFFICKING 52**



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features

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22 Shining a light on hoarding disorder

By Anita Symonds, MS, BSN, RN,
SANE-A, SANE-P, CFP, CFC, and
Regina Janney, BCMS, RN

Although newly classified as a diagnostic disorder, hoarding remains poorly understood and difficult to treat. Find out how to recognize patients who hoard, what treatments are available, and how nurses can intervene to help patients and their families gain control over hoarding behavior.

CE CONNECTION



36 Understanding diabetic foot ulcers

By Kevin Y. Woo, PhD, RN, FAPWCA;
Vera Santos, PhD, CWCN; and
Mónica Gamba, PhD, RN

In patients with diabetes, 80% of nontraumatic foot amputations are preceded by foot ulcers. Review assessment techniques and treatment options for patients with diabetic foot ulcers to facilitate healing, minimize complications, and prevent amputation.

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21 PATIENT EDUCATION SERIES Mononucleosis

By Marijke Vroomen Durning, RN
Teach your patients about this viral infection, then give them this handout to take home.

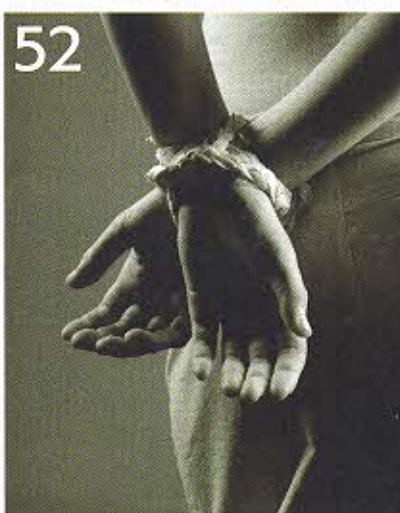
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By Lois Gerber, MPH, BSN, RN
A nurse is reminded that a family caregiver's physical and mental health may be as fragile as the patient's.



32 PROFESSIONAL GROWTH Help your patients access government health information

By Lori L. Smith, MLS
Learn how nurses can help patients find reliable government information so they can educate themselves about their healthcare issues—and save nursing time in the process.



44 Caring for patients undergoing bariatric surgery

By Marguerite Dunham, MSN, CRNP
Bariatric surgery, often the best option for substantial long-term weight loss, can also reduce or resolve comorbid disorders such as type 2 diabetes mellitus and dyslipidemia. Explore the complex issues surrounding obesity here, then refresh your knowledge about nursing care for the various types of bariatric surgery.

52 Human trafficking: Crime in our own backyard

By Melissa S. McNulty, PhD, ARNP
Nearly half the money generated by this crime comes from the United States. Find out how to screen for victims hidden in plain sight and take action to help them.

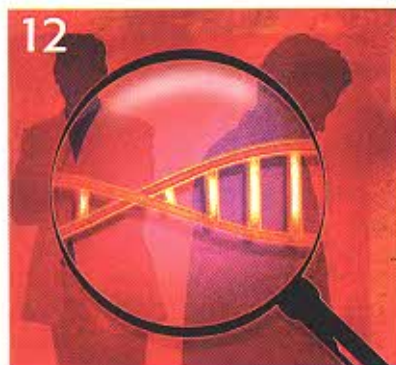
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Patient-education tips
for new nurses
By Jackie A. Smith, PhD, and
Helen Zsotar, PhD, RN

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departments

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