

Elevate | Inspire | Innovate | Energize

Nursing2012[®]

THE PEER-REVIEWED JOURNAL OF CLINICAL EXCELLENCE

www.Nursing2012.com

วารสารใหม่ประจำเดือน
มิถุนายน.....2555.....

CE Alcohol withdrawal in patients 22

Nursing
SERIALS



001613
bib:13399108162

MEET OUR NURSE OF THE YEAR! 32

CE OBSTRUCTIVE SLEEP APNEA 34

APRIL • VOL. 42 • NO. 4

บริษัท เมอร์คิวรี ดาต้า จำกัด

เลขที่ 59/70 หมู่ที่ 6 ถนนงามวงศ์วาน

แขวงทุ่งสองห้อง เขตหลักสี่

กรุงเทพฯ 10210 โทร. 0-2591-6515,16

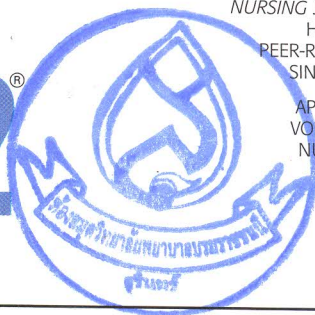
1,280 bath



Wolters Kluwer
Health

Lippincott
Williams & Wilkins

Nursing2012®



features

22

Managing alcohol withdrawal in hospitalized patients

By Dolores Y. Elliott, MSN, BSN, BA, RN, PMHCNS-BC; Christopher Geyer, BA, RN; Thomas Lionetti, MA, BSN, RN; and Linda Doty, MSW, RN, PMHCNS-BC, CARN

As many as one in five patients admitted to a hospital has an alcohol use disorder, but identifying them isn't always easy. Review the latest guidelines for assessing these patients, recognizing signs and symptoms of alcohol withdrawal, and intervening to keep them safe.

CE CONNECTION

34



34

Sounding the alarm for patients with obstructive sleep apnea

By Susan Simmons, PhD, ARNP-BC, and Bill Pruitt, MBA, RRT, AE-C, CPFT
Characterized by many apneic and hypopneic periods during the sleep cycle, obstructive sleep apnea (OSA) affects up to 7% of men and 5% of women. Because it's often unrecognized and untreated, it can cause significant health and employment problems. Here's how to assess patients for OSA, educate them and their families, and help them manage their condition.

For immediate CE test processing, see our website at <http://www.nursingcenter.com/ce/nursing>.

32 Nurse of the Year

Meet the Nursing2012 Nurse of the Year, an outstanding representative of our four pillars of excellence: Elevate, Inspire, Innovate, Energize.

43 New hope for those with hereditary angioedema

By June Pepe, LPN, CCRC, and Leonard Bielory, MD

Be on the lookout for this rare, life-threatening genetic disorder. Then learn about new treatments that are improving patient outcomes.

47 Pump it up with an LVAD

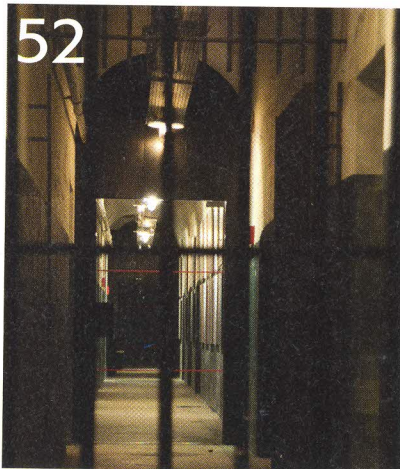
By Charles A. Rowland, MSN, CRNP

As the number of patients with left ventricular assist devices (LVADs) increases, you'll see more of these patients in hospitals and community health centers. Be prepared to care for them by pumping up your knowledge with this review.

51 PATIENT EDUCATION SERIES Mitral valve prolapse

By Denise D. Hayes, MSN, RN, CRNP
Educate your patients about this often asymptomatic disorder, then offer them this handout to take home.

52



52 PROFESSIONAL GROWTH An inside look at correctional health nursing

By Lois Gerber, MPH, BSN, RN
Correctional health nurses fill a complex role essential to a well-run prison healthcare system. Explore whether this rewarding career path is for you.

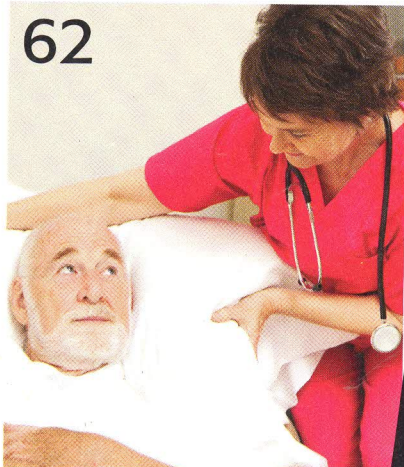
58 Transporting critically ill patients

By Kim L. Greenawalt, BSN, RN, CCRN
Make sure you know how to coordinate equipment and staff to minimize the risk of complications and ensure a safe transport.

62 SHARING Fluffing the pillows

By Londa Beachy, RN
Sometimes the best care you can give a patient is simply taking the time to listen.

62



To enter our
Nurse of the Year
contest, see page 17.

It's not too late! Register for
Nursing2012 Symposium
in Lake Buena Vista, Fla., April 25-28, 2012
www.NursingSymposium.com

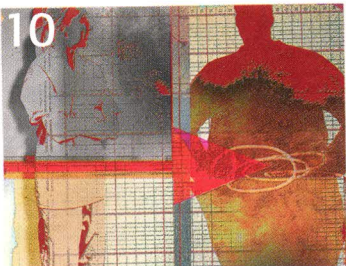
Our mission at **Nursing2012** is to improve nursing practice by providing evidence-based practical information with a reader-friendly approach.

Winner of 2011 silver Folio: award for best article!

Winner of the 2011 bronze ASHPE award for best how-to article!

Nursing2012[®]

departments



10

6 EDITORIAL

The eyes have it

8 LETTERS

Still haunted by an error...keep patient information private

9 DRUG NEWS

Drug approved for advanced renal cell carcinoma...statin therapy improves survival after endovascular intervention for critical limb ischemia...VTE prophylaxis doesn't reduce mortality...genetics may play a role in drug-related osteonecrosis of the jaw

10 ETHICAL PROBLEMS

Communicating about bariatric surgery...informed consent for a research study...issues of autonomy at end of life

11 MEDICATION ERRORS

Never use insulin pens on multiple patients...teach patients that APAP means acetaminophen...an I.V. syringe isn't a toy...eribulin confused with epirubicin

12 LEGAL QUESTIONS

Malpractice lawsuit database...giving a blood transfusion despite family objections...last-minute surgical consent request

14 INSPIRING CHANGE

Quiet Hour improves patient satisfaction

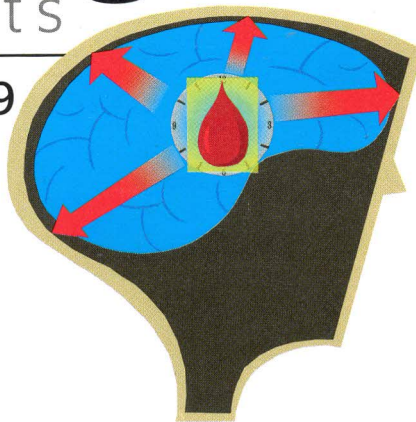
16 STUDENT VOICES

A voice for Hope

19 CLINICAL ROUNDS

Extra precautions recommended for patients with minor head injuries who take warfarin...nurses' miscarriages linked to antineoplastic drugs and sterilizing agents...new practice guidelines support blood glucose testing for all patients at hospital admission...and more

19



18 About Nursing2012

70 Advertisers' Index

71 Classified Advertisements

CEs coming next month

Drugs used to manage bipolar disorder

Malignant hyperthermia

Visit us on the Web...

at www.Nursing2012.com



Join us on Facebook

LOG ONTO Facebook.com

SEARCH NsgJournal

CLICK on Like!



Follow us on Twitter

www.twitter.com/NsgJournal

Nursing2012 (ISSN 0360-4039; online ISSN 1538-8689) is published monthly by Lippincott Williams & Wilkins at 16522 Hunters Green Parkway, Hagerstown, MD 21740-2116, with editorial and advertising headquarters at 323 Norristown Rd., Suite 200, Ambler, PA 19002-2758. Periodicals postage paid at Hagerstown, MD 21740 and at additional mailing offices. Copyright © 2012 by Wolters Kluwer Health | Lippincott Williams & Wilkins. All world rights reserved. Postmaster: Send changes of address to Nursing2012, P.O. Box 1550, Hagerstown, MD 21740.

The publisher disclaims responsibility for adverse effects resulting directly or indirectly from suggested procedures/medication dosages or the reader's misunderstanding of the content. All published patient initials are fictitious to protect confidentiality. Any similarity to actual individuals is purely coincidental.

72



64 PATIENT SAFETY

Pediatric emergencies in an adult hospital

66 CLINICAL QUERIES

Systemic heparinization after subarachnoid hemorrhage

67 COMBATING INFECTION

NDM-1: The newest superbug?

68 INFOBYTES

Ovarian cancer resources

72 ACTION STAT

Urinary tract infection in older adults



Free!

Sign up for **Nursing2012 eNews**, a monthly e-mail newsletter, for breaking nursing and healthcare news, clinical updates, free article downloads from the current issue, and more! Go to www.nursingcenter.com/regpages/nursingnews.asp to register.