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Inside intentional self-injury

By Tina Myer, MSN, RN-BC

Do you suspect your patient's injury was self-inflicted? When you recognize the signs, take these steps to help your patient avoid this dangerously destructive, addictive behavior.

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Recognizing and managing rheumatoid arthritis

By Susan Simmons, PhD, ARNP-BC

This chronic and disabling autoimmune disease can shorten a patient's life by 5 to 15 years. Update your knowledge about treatment strategies and lifestyle changes to help your patient manage symptoms and remain active.

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Here's a sampling of the excitement nurses experienced networking and learning in Nashville last April.

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By Manju Maliakal, MSN, CMSRN

Teach patients who need a chest tube what to expect, then offer this handout as a reminder.

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By Jamie DeSnyder, BSN, RN

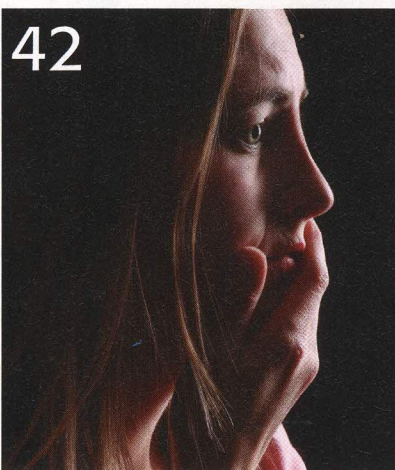
You never forget your first code—and this nurse is no exception.

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44 Balancing act: Sodium and potassium

By Ann Crawford, PhD, RN, and
Helene Harris, MSN, RN

An imbalance between these two key electrolytes can be disastrous for your patient. Make sure you can recognize trouble early and intervene appropriately by reading this in-depth review. This is the second in a series of articles on fluids and electrolytes.



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By Barbara Ann M. Messina, PhD, RN, ANP, and Lori A. Escallier, PhD, RN, CPNP

Chances are, many of your older patients are taking more medications than they need. These tips and guidelines will help you assess their drug regimen and eliminate medications that increase their risk of falls and other complications.

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By Linda S. Smith, DSN, MSN, RN, CLNC

Whether you're a new graduate or an experienced nurse, assembling a professional portfolio can help you nail that job interview.

59 Listen closely to detect healthcare-associated pneumonia

By Kathleen Dobbin, MS, RN, ACNP-CS, and Valerie Howard, EdD, MS, RN

Acquired in healthcare settings, this new category of pneumonia is more complicated and potentially more deadly than community-acquired pneumonia. Here's how to recognize and manage this emerging threat.



Nursing 2011

departments



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Nursing2011 (ISSN 0360-4039; online ISSN 1538-8689) is published monthly by Lippincott Williams & Wilkins at 16522 Hunters Green Parkway, Hagerstown, MD 21740-2116, with editorial and advertising headquarters at 323 Norristown Rd., Suite 200, Ambler, PA 19002-2758. Periodicals postage paid at Hagerstown, MD 21740 and at additional mailing offices. Copyright © 2011 by Wolters Kluwer Health | Lippincott Williams & Wilkins. All world rights reserved. Postmaster: Send changes of address to Nursing2011, P.O. Box 1550, Hagerstown, MD 21740.

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