

วารสารใหม่ประจำเดือน  
กุมภาพันธ์ 2563....

# JOURNAL OF Gerontological Nursing®

FOR NURSING CARE OF OLDER ADULTS

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## Health-promoting behaviors

Helping older women self-maintain health and lifestyle

Community screenings for rural older adults

Assessing perceived self-esteem, social support, and self-compassion in nursing home residents

Framework to develop graduate certificate post-acute and long-term care programs

Deprescribing proton-pump inhibitors

Journal of Gerontological Nursing

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# JOURNAL OF Gerontological Nursing®

## FEATURE ARTICLES

## 24 Screenings, Savings, and Service: Nurses Meeting Rural Older Adults in Their Communities

Having nurses readily available for community-based preventive screening could potentially increase early detection, early intervention, and cost savings.

*Rubi B. Merino, BSN, RN; Jean M. Matthews, MSN, RN; Sallie Sawyer, RN; Debra A. Kosko, DNP, MN, FNP-BC; and Donna W. Roberson, PhD, FNP-BC, CADDCT*

## 29 Factors Affecting Health-Promoting Lifestyle Among Older Women With Chronic Disease

Social support was found to have the greatest effect on health-promoting lifestyle in this sample of South Korean older women.

*Ji Hyun Oh, PhD, RN*

## 39 Effects of the Tell Me About Me Program: Perception of Social Support, Self-Esteem, and Self-Compassion in Older Adults

Group activities provided participants an opportunity to share autobiographical narratives and increase their social interactions, which improved their perceived social support and self-esteem.

*Kader Mert, PhD, RN; and Ahmet Tamer Aker, PhD*

## 47 Development of a Gerontology Graduate Certificate in Post-Acute and Long-Term Care

A framework is presented for academic institutions to reference when developing graduate certificate post-acute and long-term care programs to address the increasing need of nurses with this skillset.

*Kara B. Dassel, PhD; Valerie Flattes, APRN, MS, ANP-BC; Jacqueline Eaton, PhD; Gail Towsley, PhD, NHA; Landon Moyers, MS, RN; and Linda Edelman, PhD, MPhil, RN*

## SECTIONS

## 9 Geropharmacology

### Patient and Provider Perspectives on Deprescribing Proton Pump Inhibitors

*Chisom Ikeji, MD; Anne Williams, PharmD; George Hennawi, MD, CMD, FACP; and Nicole J. Brandt, PharmD, MBA, BCGP, BCPP, FASCP*

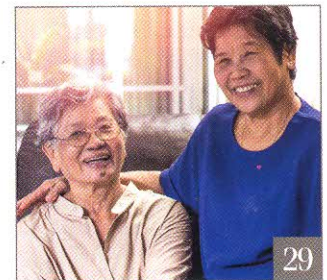
## 18 Technology Innovations

### Using Mobile Technology to Assess Balance During a Sit-to-Stand Maneuver Among Older Adults With Fall Risk: A Pilot Study

*Deanna Gray-Miceli, PhD, GNP-BC, FGSA, FAANP, FNAP, FAAN; Neel Patel, MS, BS; Akshaya Sekar, BS; and Matthew Lee Smith, PhD, MPH, CHES*



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## DEPARTMENTS

**3 Guest Editorial**

**6 Letters to the Editor**