

# JOURNAL OF Gerontological Nursing®

FOR NURSING CARE OF OLDER ADULTS

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Journal of gerontologic SERIALS



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## Involuntary nursing home discharge

### Who is at risk and how can these individuals be protected?

Association between mealtime actions and energy intake of long-term care residents

Self-acupoint massage for older adults with type 2 diabetes mellitus

Patterns among nursing home residents' daily care and activity preferences

Differences in transitional care of patients with and without dementia

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## FEATURE ARTICLES

- 23 Nursing Home Facility-Initiated Involuntary Discharge**  
 Involuntary discharges have become a growing concern to the public and Medicare and Medicaid programs, prompting the need for stronger policies and regulations against unlawful practices.

*Michael J. Lepore, PhD; Patricia K. Yuen; and Samantha Zepeda, BS/BA*



- 32 Resident and Staff Mealtime Actions and Energy Intake of Long-Term Care Residents With Cognitive Impairment: Analysis of the Making the Most of Mealtimes Study**

Interventions to support eating independence and address residents' eating challenges are needed to improve energy and nutrition intake.

*Kelsey Mann, MSc; Christina O. Lengyel, PhD, RD; Susan E. Slaughter, PhD, RN, GNC(C); Natalie Carrier, PhD, RN; and Heather Keller, PhD, RD, FDC, FCAHS*



- 43 Effect of Self-Acupoint Massage on Blood Glucose Level and Quality of Life in Older Adults With Type 2 Diabetes Mellitus: A Randomized Controlled Trial**

This convenient and cost-effective intervention was found to effectively decrease HbA1c levels and improve quality of life.

*Wei-Bo Lyu, PhD, MPH, RN; Yuan Gao, MSN, RN; Kang-Yao Cheng, MSN, RN; Rong Wu, MD; and Wen-Qin Zhou, MD*



## SECTIONS

- 7 Person-Centered Care**  
 Exploring Patterns in Preferences for Daily Care and Activities Among Nursing Home Residents

*Tonya J. Roberts, PhD, RN; and Debra Saliba, MD, MPH*

- 15 Research Brief**  
 Differences in Transitional Care Provided to Patients With and Without Dementia

*Beth Prusaczyk, PhD, MSW; Margaret A. Olsen, PhD, MPH; Christopher R. Carpenter, MD, MSc, FACEP, FAAEM, AGSF; and Enola Proctor, PhD*

## DEPARTMENT

**3 Guest Editorial**