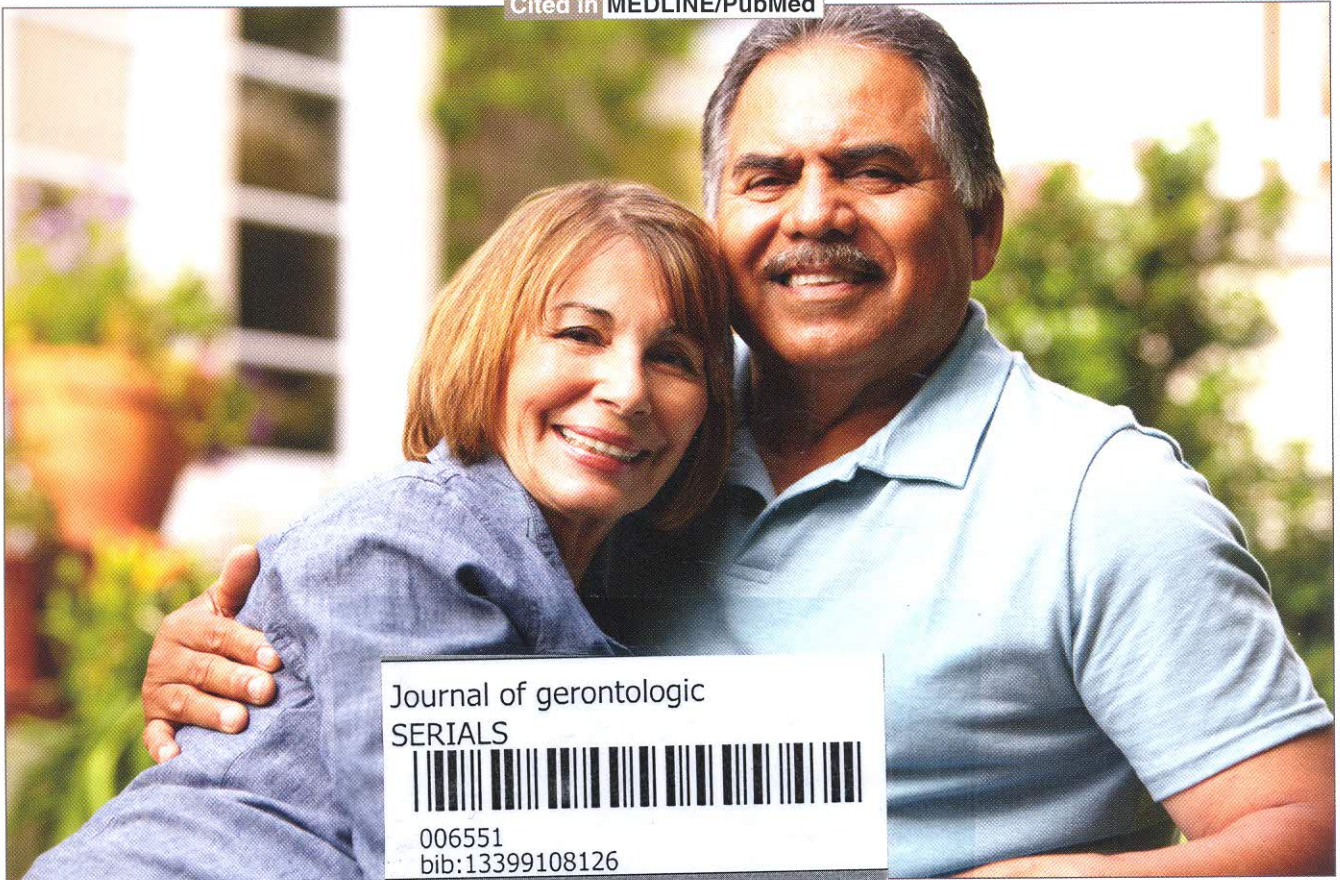


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## Enhancing aging in Latino older adults

The importance of physical activity and psychological well-being

Rural-dwelling older adults' perspectives on health and health care

Female family caregivers' experiences in the transition from home to nursing home

Expanding the role of nurse practitioners in home-based primary care

Intentional rounding in long-term care facilities

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## FEATURE ARTICLES

## 23 The Meaning of Health and Health Care for Rural-Dwelling Adults Age 75 and Older in the Northwestern United States

Participants had positive self-perceptions of health and found the advantages of rural living outweighed the disadvantages.

*Darcy Mize, EdD, MSN, RN; and Tamara Rose, PhD, RN*



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## 33 Female Family Caregivers' Experiences During Nursing Home Admission: A Phenomenological Qualitative Study

Caregivers described conflicting experiences during the transition of their relative from home to nursing home in terms of their own emotions, relationships with other family members, and need to delegate care to staff.

*Domingo Palacios-Ceña, PhD, RN; Enrique León-Pérez, RN; Rosa María Martínez-Piedrola, PhD, OT; Jose Miguel Cachón-Pérez, PhD, RN; Paula Parás-Bravo, PhD, RN; and Juan Francisco Velarde-García, PhD, RN*

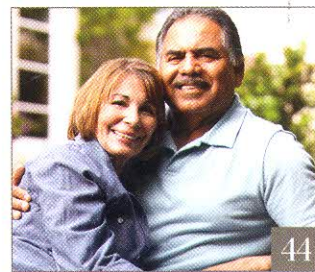


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## 44 Physical Activity and Positive Psychological Well-Being Attributes Among U.S. Latino Older Adults

Using Seligman's PERMA model, the authors found physical activity was positively associated with psychological well-being in terms of positive emotions, engagement, positive relationships, and accomplishments.

*Bertha Lee, PhD, RN; and Elizabeth P. Howard, PhD, RN, ANP, ACNP-BC, FAAN*



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## SECTIONS

## 9 Public Policy

The Expanding Role of Nurse Practitioners in Home-Based Primary Care: Opportunities and Challenges

*Deborah Wolff-Baker, MSN, ACHPN, FNP-BC, GS-C; and Ron Billano Ordonez, DNP, FNP-BC*

## 15 Research Brief

Intentional Rounding With Certified Nursing Assistants in Long-Term Care: A Pilot Project

*Mimi Jenko, DNP, RN, CHPN, PMHCNS-BC; Yasmin Panjwani, DNP, ARNP, NP-C; and Harleah G. Buck, PhD, RN, FPCN, FAHA, FAAN*

## DEPARTMENTS

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