

# JOURNAL OF Gerontological Nursing®

FOR NURSING CARE OF OLDER ADULTS

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## Maintaining oral hygiene

### Cognitive impairment and oral health outcomes

Dehydration and its associated effects in hospitalized patients



Improving balance in community-dwelling older adults

Person-centered care of older adults with serious mental illness and substance abuse disorders

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# JOURNAL OF Gerontological Nursing®

## FEATURE ARTICLES

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### Associations Between Dehydration, Cognitive Impairment, and Frailty in Older Hospitalized Patients: An Exploratory Study



In a study of 44 medically ill hospitalized patients, approximately one third were dehydrated at admission, with frail patients having significantly higher dehydration rates compared to fit patients.

*Judy McCrow, PhD, RN; Margaret Morton, RN; Catherine Travers, PhD; Keren Harvey, MBBS, FRACP; and Eamonn Eeles, MBBS, FRACP*



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### Mediation Effect of Oral Hygiene on the Relationship Between Cognitive Function and Oral Health in Older Adults

Individuals with more severe cognitive impairment were found to have poorer oral health outcomes and less frequent tooth brushing and flossing.

*Kyung Hee Lee, PhD, RN; Brenda L. Plassman, PhD; Wei Pan, PhD; and Bei Wu, PhD*



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### Efficacy of Ba Duan Jin in Improving Balance: A Study in Chinese Community-Dwelling Older Adults

An ancient Chinese health gymnastics technique was shown to be an effective means for improving balance, with study participants achieving increased times and scores in multiple balance ability tests after the intervention.

*Xiao-yun Liu, RN; Jing Gao, RN; Bing-xiang Yin, MS; Xiang-yu Yang, RN; and Ding-xi Bai, RN*



## SECTION

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### Person-Centered Care

Person-Centered Care for Older Adults With Serious Mental Illness and Substance Misuse Within a Program of All-Inclusive Care for the Elderly

*Pamela Z. Cacchione, PhD, CRNP, BC, FGSA, FAAN; Lisa Eible, DSW, MSW, LCSW; Le'Roi L. Gill, DMin, MDiv, JD; and Steven F. Huege, MD*

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