

# GERONTOLOGICAL NURSING® 40<sup>th</sup> ANNIVERSARY

FOR NURSING CARE OF OLDER ADULTS

ห้องสมุด วพบ.สุรินทร์

วารสารฉบับล่วงเวลา

## Sleep Disorders

Recognizing and assessing  
changes in sleep patterns

Assessing risk of wandering  
in hospitalized patients



Tai chi for the promotion of sleep  
quality and quality of life

Postmenopausal osteoporosis

Accessing care for hearing loss

Prevalence of pressure ulcers in older  
adults admitted to nursing homes

Journal of gerontologic  
SERIALS



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## FEATURE ARTICLES

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**A New Tool to Assess Risk of Wandering in Hospitalized Patients**

A two-question, electronic health record–based wandering screening tool was developed for bedside nurses to administer quickly and easily to identify cognitive impairment and mobility in hospitalized patients.

*Heena S. Sheth, MD, MPH; Diane Krueger, MSN, RN-BC; Susan Bourdon, RN; and Robert M. Palmer, MD, MPH*



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**Sleep Disorders in Older Adults**

Changes in sleep patterns occur as individuals age and can ultimately affect the quality of life of many older adults. Proper assessment and recognition of sleep disorders can lead to appropriate treatment and optimal sleep.

*Scott J. Saccomano, PhD, GNP-BC, RN*



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**Feasibility and Effects of Tai Chi for the Promotion of Sleep Quality and Quality of Life: A Single-Group Study in a Sample of Older Chinese Individuals in Hong Kong**

Tai chi, a traditional Chinese exercise with physical and meditational components, has been shown to reduce mental stress and facilitate energy flow and balance. A modified intervention proved to be a safe, simple, and cost-effective approach to improving sleep quality in older adults.

*Catherine Mei-Han Lo, RN, BN, and Paul H. Lee, PhD*



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**Clinical Concepts**

Recognition and Treatment of Postmenopausal Osteoporosis

*Freda Hannafon, RN, MSN, FNP-C; and Mary P. Cadogan, DrPH, RN, GNP-BC, FAAN, FGSA*

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**Public Policy**

Access to Care for Hearing Loss: Policies and Stakeholders

*Margaret I. Wallhagen, PhD, GNP-BC, AGSF, FGSA, FAAN*

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**Research Brief**

Prevalence of Pressure Ulcers by Race and Ethnicity for Older Adults Admitted to Nursing Homes

*Susan Harms, PhD, RPh; Donna Z. Bliss, PhD, RN, FGSA, FAAN; Judith Garrard, PhD; Kristen Cunanan, MS; Kay Savik, MS; Olga Gurvich, MA, MS; Christine Mueller, PhD, RN, FGSA, FAAN; Jean F. Wyman, PhD, RN, FGSA, FAAN; Lynn Eberly, PhD; and Beth Virnig, PhD*

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