

GERONTOLOGICAL NURSING®

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วารสารฉบับล่วงหน้า

CARE OF OLDER ADULTS

Indexed in MEDLINE/PubMed

Exergaming

A potential motivation
tool for exercise adherence



A patient-centered approach
to addressing physical
activity in older adults

Perceived appropriateness of
elderspeak

Nonpharmacological
interventions for behavioral
and psychological symptoms
of dementia

**EVIDENCE-BASED PRACTICE
GUIDELINE**

Wandering

Journal of gerontologic
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FEATURE ARTICLES

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A Patient-Centered Approach to Addressing Physical Activity in Older Adults: Motivational Interviewing

Nurses can use motivational interviewing with older adults to address ambivalence toward increasing physical activity and guide patients to voice their personal reasons for change.

*Katherine Letourneau, MSN, RN, AGPCNP-BC; and
Janice H. Goodman, PhD, RN, PMHCNS-BC*



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Exergames-Based Intervention for Assisted Living Residents: A Pilot Study

Results of an exergaming intervention showed a tendency toward improved cognition, as well as improved socialization and motivation to exercise.

*Ying-Yu Chao, MS, RN, GNP; Yvonne K. Scherer, EdD, RN;
Carolyn A. Montgomery, PhD, ANP-C, GNP; Kathleen T. Lucke, PhD, RN; and
Yow-Wu Wu, PhD*



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Is Elderspeak Appropriate? A Survey of Certified Nursing Assistants

Specific resident-related and situational variables were associated with higher ratings of appropriateness of elderspeak, a finding that may have implications for improving communication training for certified nursing assistants.

*Nathaniel J. Lombardi, MA; Jeffrey A. Buchanan, PhD; Shelby Afflerbach, BA;
Kristie Campana, PhD; Adam Sattler, BA; and Duc Lai, BA*



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SECTIONS

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Diagnosis: Dementia

Sensory and Nurturing Nonpharmacological Interventions for Behavioral and Psychological Symptoms of Dementia

*Suzanne Fitzsimmons, MSN, ARNP, GNP-BC, CRT; Beth Barba, PhD, RN, FAAN; and
Maria Stump, MSN, RN, CCM, MSCN*

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Evidence-Based Practice Guideline

Wandering

*May Futrell, PhD, RN, FAAN, FGSA; Karen Devereaux Melillo, PhD, ANP-C, FAANP, FGSA; and
Ruth Remington, PhD, AGPCNP-BC*

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