

# GERONTOLOGICAL NURSING®

วารสารใหม่ประจำเดือน

พฤศจิกายน.....2556.....

FOR NURSING CARE OF OLDER ADULTS

## CNE ARTICLE

## Fighting fatigue

Understanding insomnia's  
effect on daytime functioning

Optimizing medication  
reconciliation during transitions

Advanced training program for CNAs

Club concept for managing residents  
with dementia

Technology development for nurses

Journal of gerontologic..  
SERIALS



002926  
bib:13399108126

1,212.60 bath

Earn  
CONTACT HOURS

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# GERONTOLOGICAL NURSING®



## FEATURE ARTICLES

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### The Effect of Insomnia on Functional Status of Community-Dwelling Older Adults

Nights without sleep can lead to much more than just daytime grogginess for older adults. Findings from this study indicate that insomnia is associated with fatigue, which in turn negatively impacts physical, social, and psychological functioning.

*Penney Deratnay, RN, MN; and Souraya Sidani, PhD*



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### Effects of an Advanced Nursing Assistant Education Program on Job Satisfaction, Turnover Rate, and Clinical Outcomes

By offering a 3-day educational course, one institution improved its CNAs' satisfaction with the amount of training they received and improved their confidence in their ability to care for residents.

*Megan Brown, MPH; Roberta E. Redfern, PhD; Katrina Bressler, RN, CDP; Tamara May Swicegood, RN; and Marianne Molnar, RN, BSN, MBA*



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### The Club Concept: Targeting Behavioral Issues in a Residential Setting for Cognitively Impaired Adults

Gathering residents with dementia together 5 times per week for coffee, chatting, physical activity, cooking, and reminiscence is one way to help reduce their behavioral and psychological symptoms.

*Mary C. DiBartolo, PhD, RN-BC, CNE; Stephen M. Vozzella, BA, ACC; and Amy N. Rebert, MS*



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## SECTIONS

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### Geropharmacology

Transitional Care Management Services: Optimizing Medication Reconciliation to Improve the Care of Older Adults

*Kathleen Pincus, PharmD, BCPS*

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### Technology Innovations

Nurse Entrepreneurs, Arise! Improving Lives of Older Adults by Bringing Your Ideas to Market

*Meredeth A. Rowe, PhD, RN, FGSA, FAAN*

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### Endnotes

Lives to Cherish: Moments to Live For

*Lillian M. Kautz*

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