

GERONTOLOGICAL NURSING®

FOR NURSING CARE OF OLDER ADULTS

CNE ARTICLE

What does the late-midlife woman look like?

4 ways aging women define themselves

Detecting new depression in nursing home residents

Needs of older cancer survivors

Self-Care TALK intervention for family caregiver-nurse partnerships

Vitamin D

The Gerontology Healthy Ageing Portal



Journal of gerontologic..
SERIALS



00495
bib:13399108126

1,300 bath

EARN **2.1** CONTACT HOURS
SEE PAGE 28

JOGNOnline.com

SLACK
INCORPORATED

00495

GERONTOLOGICAL NURSING®

FEATURE ARTICLES

20



Rediscovering: The Lived Experience of Women Journeying Toward Aging

Who am I? That's the question 15 women pondered during a reflective exercise combining journaling, collage making, and in-depth interviews. Find out the 4 themes that characterize "today's late-midlife woman."

Carol M. Wiggs, PhD; Anne Young, EdD; Beth Mastel-Smith, PhD; and Peggy Mancuso, PhD



20

30

A Theory-Based Self-Care TALK Intervention for Family Caregiver-Nurse Partnerships

Cultivating a partnership with a patient's family can be an effective method of improving the health and well-being of older adult spouse caregivers. Get examples of the relational conversations that will enhance your day-to-day communications.

*Cherie Parker, MSN, ARNP-BC; Cynthia Teel, PhD, MSN, BSN, RN;
Mary Hobbs Leenerts, PhD, MN, RN; and Anita Macan, MPA, CCRP*



30

36

Needs of Older Cancer Survivors in a Community Cancer Care Setting

The relief of surviving a cancer diagnosis sometimes overshadows the distress that lingers even after the treatment sessions are over. Understanding older patients' worries and concerns is critical when planning survivorship care.

Maura C. Schlairet, EdD, MSN, RN, CNL



36

42

Indicators of a New Depression Diagnosis in Nursing Home Residents

Mood changes are obvious signs of depression, but what about variables such as incontinence, weight loss, and cognitive decline? The Minimum Data Set can be a valuable tool for assessment and detection.

*Lorraine J. Phillips, PhD, RN, FNP-BC; Marilyn Rantz, PhD, RN, FAAN; and
Gregory F. Petroski, PhD*

DEPARTMENTS

- 3 Guest Editorial
- 5 Product News
- 6 News
- 28 CNE Quiz
- C3 Information for Contributors

SECTIONS

9

Geropharmacology

Vitamin D: The Vitamin of the Decade

*Jonathan Planton, PharmD; Jennifer O. Meyer, MSN, RN, ANP, BC; and
Barbara J. Edlund, PhD, RN, ANP, BC*

14

Technology Innovations

Global Access to Aging Information and the Gerontology Healthy Ageing Portal

Lisa E. Skemp, PhD, RN; Ji Woon Ko, MSN, RN; Cliff Missen, MA; and Diane Peterson, MA