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Using dialectical behavior therapy  
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1,675 bath

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- 46** Lifestyle and Behavioral Interventions to Reduce the Risk of Metabolic Syndrome in Community-Dwelling Adults With Serious Mental Illness: Implications for Nursing Practice  
Community-based interventions targeting diet and exercise may help individuals change health behaviors.  
*Lauren Richards, Catherine L. Batscha, and Valerie Lander McCarthy*
- 56** Use of the 9-Item Patient Health Questionnaire for Depression Assessment in Primary Care Patients With Type 2 Diabetes  
Undiagnosed depression among patients in the primary care setting can be addressed with the use of validated screening tools.  
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