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“IT BROKE OUR HEARTS”

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Alcohol consumption among college freshmen

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Many parents are unprepared and doubt their ability to help their loved ones' experiencing mental illness. Nurses are in position to provide education and emotional support upon admission to acute care.
Louise Ward and Karleen Gwinner
- 30 **The Effect of a Calorie-Restricted Diet on Weight Gain in Short-Term Psychiatric Inpatients Receiving Atypical Antipsychotic Medications**
A 2,000-calorie-per-day diet for patients receiving olanzapine was effective; however, the diet was not effective for individuals receiving other medications.
William Jacobowitz, Barbara Derbabian, and Anne Saunders
- 38 **Personality Risk for Alcohol Consequences Among College Freshmen**
Drinking is pervasive in the lifestyle of many college students. Prevention and intervention programs should address the needs of the individual student.
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