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SPECIAL ISSUE

All together, now!

Mental health service users as peer supporters

SUGAR: Service User and Carer Group Advising on Research

How this group came to be & how it functions now—page 22

Peer support workers

Selection, training, & ongoing support—page 31

Wellness coaching

Using peers to help service users get back on track—page 41

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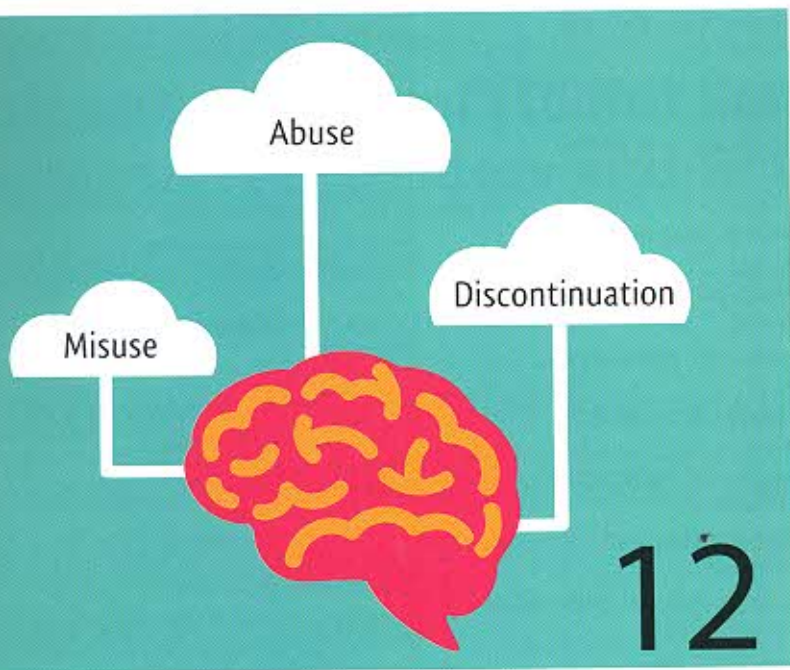
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SPECIAL ISSUE:

MENTAL HEALTH SERVICE USERS AS PEER SUPPORTERS

Guest Editors: Alan Simpson, PhD, BA(Hons), RMN; and Julia Jones, PhD, BA(Hons)

Pharmacology Focus

- 7 Product Update
- 11 Clip & Save: Drug Chart 2013 in Review
- 12 Gabapentin: Can It Be Misused?
Robert H. Howland

Original Articles

22 Adding SUGAR: Service User and Carer Collaboration in Mental Health Nursing Research
This article highlights the benefits and possible limitations identified to date by members of SUGAR, an initiative established to develop collaborative working in mental health nursing research between London-area service users, carers, researchers, and practitioners.
Alan Simpson, Julia Jones, Sally Barlow, Leonie Cox, and Service User and Carer Group Advising on Research (SUGAR)

31 Evaluating the Selection, Training, and Support of Peer Support Workers in the United Kingdom
Skilled, sensitive supervision and support is essential for the success of peer support workers, a group of people with lived experience of mental distress/illness and mental health service use.
Alan Simpson, Jody Quigley, Susan J. Henry, and Cerdic Hall

41 Promoting the Wellness of Peer Providers Through Coaching
Such coaching allows individuals to set and attain physical wellness goals that can affect the other 7 dimensions (emotional, spiritual, intellectual, occupational, social, environment, and financial) of well-being.
George H. Brice, Jr., Margaret A. Swarbrick, and Kenneth J. Gill

Sections

- 3 Guest Editorial
- 5 Commentary
- 8 News
- 17 Caring for Dad at 100: Challenges and Coping Strategies
Mary Cipriano Silva
- 46 CNE Quiz
- 48 NARSAD Art
- C3 Information for Authors

