

JOURNAL OF
JPN PSYCHOSOCIAL NURSING
AND MENTAL HEALTH SERVICES

January 2011 Volume 49, Number 1

วารสารใหม่ประจำเดือน

มกราคม2555.....

“I love getting older”

Black older adults reveal 6 keys to aging well

Sleep disturbances in depression
Which medications can help?—page 17

Staying safe at work
Practical strategies that get results—page 45

Journal of psychosocial..
SERIALS



001208
bib:13399108125

1,300 bath

SLACK
INCORPORATED

EARN 4.0 CONTACT HOURS PAGE 50



Pharmacology Focus

17 Sleep Interventions for the Treatment of Depression
Robert H. Howland

15 Clip & Save: Drug Chart 2010 in Review

11 Product Update

Original Articles

28 Perceptions of Successful Aging in Black Older Adults
The 6 key areas identified can direct interventions for Black older adults and help them "love getting older."
Meredith Troutman, Mary A. Nies, and Helen Mavellia

35 Alcohol Screening and Brief Interventions for College Freshmen: A Harm Reduction Approach
Brief motivational interviewing can help change students' drinking behaviors.
Donna M. Kazemi, Linman Sun, Mary A. Nies, Jacek Dmochowski, and Samuel M. Walford

45 Transforming the Culture of Caring: Getting Hurt Is Not Part of the Job
The Staying Safe program offers practical strategies that prevent staff injury and promote patient dignity.
Diane E. Allen, Alexander de Nesnera, Kathleen Cummings, and Frank E. Darling, III

Sections

- 8** Guest Editorial
- 12** News
- 21** Guidelines for Authors
- 22** Meeting the Mental Health Needs of the Aging Veteran Population: A Challenge for the 21st Century
Jeanne M. Sorrell and Susan Durham
- 50** CNE Quiz
- 52** NARSAD Art

