

## Scholarship for the Care of Women, Childbearing Families, & Newborns

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Breastfeeding and the Use of Human Milk  
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The Use of Human Milk During Parent-Newborn Separation



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## EDITORIAL

### 507 Racism, Nursing, and Strategies for Change

In this guest editorial, Dr. Barbara Broome shares her personal experiences and suggests strategies to address racism in the field of nursing.

*Barbara Broome*

## LETTER TO THE EDITOR

### 512 On "Parents' Experiences With a Model of Integrated Maternity and Neonatal Care Designed to Empower Parents"

The idea of intervening with the family as a whole using an integrated model of care is an important goal for practice and future research.

*Fernanda Loureiro and Paula Oliveira*

## CRITICAL COMMENTARIES

### 515 Fifty Years of the Rise in Cesarean Birth in the United States and Opportunities for Improvement

The rate of cesarean birth remains increased because technologically assisted birth is the health care norm in most of the United States.

*Melissa McIntire Sherrod*

### 525 Perinatal Behavioral Health, the COVID-19 Pandemic, and a Social Determinants of Health Framework

Nurses are positioned to advocate for the integration of psychosocial screening with a social determinants of health framework into perinatal care.

*Sharon L. Ruyak and Katie T. Kivlighan*

## REVIEWS

### 539 Integrated Review of the Assessment of Newborns With Neonatal Abstinence Syndrome

Neonatal abstinence syndrome has a negative effect on newborns. There are many methods to reduce symptoms, use of medication, and length of stay.

*Sharon G. Casavant, Taylor Meegan, Mollie Fleming, Naveed Hussain, Semih Gork, and Xiaomei Cong*

### 549 Critical Interpretive Synthesis of Qualitative Data on the Health Care Ecosystem for Vulnerable Newborns in Low- to Middle-Income Countries

Focusing attention on support for the caregiver-parent interaction can help identify and prioritize factors for mitigating the effects of pervasive turbulence and tension in the setting.

*Hannah Ray, Kathleen L. Sobiech, Maria Alexandrova, Julia Jerono Songok, Janet Rukunga, and Sherri Bucher*

## RESEARCH

### 561 Experiences of Nurses Who Support Parents During Perinatal Death

Unrealistic self-expectations, self-denial, and negative self-awareness led to emotional fragility, which made it difficult for participants to intervene.

*Chantal Verdon and Francine deMontigny*

### 568 Association Between Breastfeeding Discouragement and Breastfeeding Behaviors

Findings indicated that breastfeeding discouragement from others did not negatively affect the initiation and was not associated with the discontinuation of breastfeeding.

*Camille A. Fabiyi, Kristin Rankin, and Arden Handler*

### 583 Breastfeeding Outcomes, Self-Efficacy, and Satisfaction Among Low-Income Women With Late-Preterm, Early-Term, and Full-Term Infants

Suboptimal breastfeeding, lower breastfeeding self-efficacy, and lower breastfeeding satisfaction persisted among low-income women with late-preterm and early-term infants compared to those with full-term infants.

*Azza H. Ahmed and Wilaiporn Rojjanasrirat*

### 597 Views on Exercise Among Black Women During Pregnancy

Clinicians should provide education about exercise, help women overcome barriers, recommend exercise partners, and refer women to exercise programs to support adequate exercise during pregnancy.

*Jean W. Davis, Lindsey McCracken, Relicious N. Eboh, Mercedes Price, Lauren Lebo, Dawn Misra, Karen Kavanaugh, JoEllen Wilbur, and Carmen Giurgescu*

*Continued*

## On Our Cover:

*Never Further, Never Closer, oil on canvas. © 2020 Meg Shackelford. Reproduced with permission.*

**610 Factors That Influence Women's Symptoms of Postpartum Depression After Discharge of Their Preterm Infants From the NICU**

Perception of child vulnerability and stress predicted symptoms of postpartum depression in women who gave birth to preterm infants, whereas resourcefulness did not.

*Christine Grippi*

**HEALTH CARE IMPROVEMENT  
AND EVALUATION**

**621 Implementing a Maternal Rest Bundle to Prevent Newborn Falls**

Newborn falls in the hospital can be eliminated by using a structured quality improvement process and a multidisciplinary team approach to implement a maternal rest bundle.

*Kenisha Karlsson, Julie Makatura, and David Mulkey*

**METHODS**

**632 Method to Calculate Nurse-Specific Cesarean Rates for the First and Second Stages of Labor**

Nurse-specific cesarean birth rates by stage of labor can be calculated from existing medical record information, and these rates vary widely across nurses.

*Naomi Greene, Jolene Kilcoyne, Adam Grey,  
and Kimberly D. Gregory*

**SPECIAL REPORT**

**642 Current Resources for Evidence-Based Practice, September 2021**

A review of new resources to support the provision of evidence-based care for women and infants.

*Marit L. Bovbjerg*

**ARTICLES ONLINE**

Access these and all articles at <http://jognn.org>.

**AWHONN POSITION STATEMENTS**

**e1 Breastfeeding and the Use of Human Milk**

**e6 Racism and Bias in Maternity Care Settings**

**ONLINE SUPPLEMENT**

**S1 The Use of Human Milk During Parent–Newborn Separation**

*Association of Women's Health, Obstetric and Neonatal Nurses*