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# INTRODUCTION TO **HEALTH BEHAVIORS**

A GUIDE FOR MANAGERS, PRACTITIONERS & EDUCATORS



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3. Give examples of biological, social, behavioral, and environmental risk and protective factors.
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5. Classify information into correct levels of the disease prevention model.
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### **Learning Objectives**

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2. Link the process of health assessment, planning, implementation, and evaluation to logic modeling.
3. Identify components of an outcome logic model.
4. Explain a program's assumptions and anticipated outcomes illustrated in an outcome logic model.
5. Construct an outcome logic model, aligning behavioral targets to activities and outcomes.

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