



# Adult Nursing at a Glance

Andrée le May



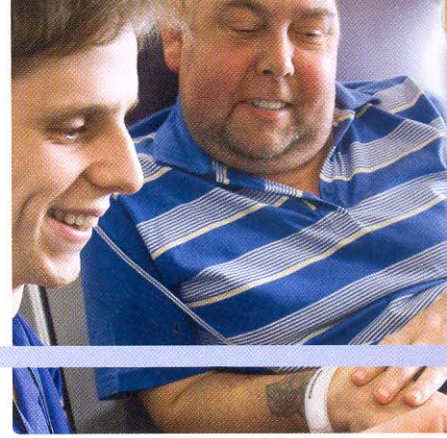
10045626

ห้องสมุด วพบ. สุรินทร์



WILEY Blackwell

# Contents



*About this book* viii  
*Acknowledgements* ix  
*How to use your revision guide* x  
*About the companion website* xiv

## Section 1

### **Essentials of excellent nursing care 1**

#### **Fundamentals of nursing care 2**

1 Fundamentals of nursing care 2

#### **Communication 4**

2 Communication 4

3 Documentation 6

#### **Assessment and monitoring 8**

4 Assessment and monitoring 8

5 Eating and drinking 10

#### **Symptom control and management 12**

6 Symptom control and management 12

7 Breathlessness 14

8 Diarrhoea and constipation 16

9 Nausea and vomiting 18

10 Pain and discomfort 19

11 Incontinence 20

12 Nursing older people 21

13 Nursing people at the end of life 22

#### **Risk assessment and management 24**

14 Risk assessment and management 24

15 Medicines management 26

16 Pre- and post-operative care 28

17 Moving and positioning 30

18 Infection prevention and control 31

19 Adult basic life support 32

20 In-hospital resuscitation 34

21 Wound management 36

#### **Health education and promotion 39**

22 Health education and promotion 39

#### **Discharge planning 40**

23 Discharge planning 40

#### **Evaluation 42**

24 Evaluation 42

#### **Research and service development 43**

25 Research and service development 43

**Nursing people with common disorders 44****Nursing people with cardiovascular disorders 46**

- 26** Nursing people with cardiovascular disorders 46
- 27** Signs, symptoms, assessment and emergencies 48
- 28** Nursing people with hypertension 50
- 29** Nursing people with coronary heart disease (stable angina) 52
- 30** Nursing people with CHD (acute coronary syndromes) 54
- 31** Nursing people with arrhythmias 56
- 32** Nursing people with valve disease 58
- 33** Nursing people with heart failure 60
- 34** Nursing people with aneurysms 62
- 35** Nursing people with peripheral vascular disease 64

**Nursing people with respiratory disorders 66**

- 36** Nursing people with respiratory disorders 66
- 37** Signs, symptoms, assessment and emergencies 68
- 38** Nursing people with respiratory failure 70
- 39** Nursing people with respiratory infections 72
- 40** Nursing people with asthma 74
- 41** Nursing people with COPD 76

**Nursing people with digestive disorders 78**

- 42** Nursing people with digestive disorders 78
- 43** Signs, symptoms, assessment and emergencies 80
- 44** Nursing people with infections of the digestive system 82
- 45** Nursing people with gastro-oesophageal reflux disease 84
- 46** Nursing people with stomach disorders 86
- 47** Nursing people with intestinal disorders 88
- 48** Nursing people with disorders of the intestines and anal canal 90
- 49** Nursing people with liver disorders 92
- 50** Nursing people with gallstone disease 94
- 51** Nursing people with pancreatitis 96

**Nursing people with renal and urinary disorders 98**

- 52** Nursing people with renal and urinary disorders 98
- 53** Signs, symptoms, assessment and emergencies 100
- 54** Nursing people with glomerulonephritis 102
- 55** Nursing people with acute renal failure 104
- 56** Nursing people with chronic renal failure 106
- 57** Nursing people with urinary calculi 108
- 58** Nursing people with urinary tract infections 110

**Nursing people with blood/lymph disorders 112**

- 59** Nursing people with blood/lymph disorders 112
- 60** Signs, symptoms, assessment and emergencies 114
- 61** Nursing people with anaemias 116
- 62** Nursing people with neutropenia 118
- 63** Nursing people with leukaemia 120
- 64** Nursing people with platelet/coagulation disorders 122
- 65** Nursing people with lymphomas 124

**Nursing people with endocrine disorders 126**

- 66** Nursing people with endocrine disorders 126
- 67** Summary of disorders of the endocrine system 128
- 68** Nursing people with diabetes mellitus 130

## **Nursing people with immune disorders 132**

- 69 Nursing people with immune disorders 132
- 70 Signs, symptoms and emergencies 134
- 71 Nursing people with immunodeficiency and auto-immune diseases 136

## **Nursing people with skin disorders 138**

- 72 Nursing people with skin disorders 138
- 73 Signs, symptoms and assessment 140
- 74 Nursing people with eczema or psoriasis 142

## **Nursing people with musculoskeletal disorders 144**

- 75 Nursing people with musculoskeletal disorders 144
- 76 Signs, symptoms and assessment 146
- 77 Nursing people with disorders of bones 148
- 78 Nursing people with joint disorders 150
- 79 Nursing people with muscle disorders 152

## **Nursing people with nervous system disorders 154**

- 80 Nursing people with nervous system disorders 154
- 81 Signs, symptoms, assessment and emergencies 156
- 82 Nursing people with CNS infections 158
- 83 Nursing people with epilepsy 160
- 84 Nursing people with vascular disorders of the brain 162
- 85 Nursing people with multiple sclerosis 164
- 86 Nursing people with Parkinson's disease 166
- 87 Nursing people with dementia 168

## **Nursing people with disorders of the eye or ear 170**

- 88 Nursing people with disorders of the eye or ear 170
- 89 Nursing people with disorders of the eye 172
- 90 Nursing people with disorders of the ear 174

## **Nursing people with disorders of the reproductive system and breast 176**

- 91 Nursing people with disorders of the reproductive system and breast 176
- 92 Nursing people with vaginal discharge or urethritis 178
- 93 Nursing men with disorders of the prostate gland 180
- 94 Nursing women having hysterectomies 182
- 95 Nursing people with breast lumps 184

## **Nursing people with cancer 186**

- 96 Nursing people with cancer 186

### **Section 3**

## **Essential skills: leadership and organisational 188**

- 97 Leadership 190
- 98 Management 192
- 99 Managing people and difficult situations 194
- 100 Research utilisation 196
- 101 Time management 198
- 102 Continuing professional development 200
- 103 Practice development 202

*Appendix: summary of key features of arrhythmias 204*

*References and further reading 205*

*Index 208*