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# NURSING DIAGNOSIS HANDBOOK

## *An Evidence-Based Guide to Planning Care*

*Interventions and rationales for  
Adult, Geriatrics, Mental Health,  
Pediatrics, Maternal/Child Health,  
Multicultural, Home Care,  
Client/Family Teaching  
and Discharge Planning*



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# Contents

## **SECTION I Nursing Process, Clinical Reasoning, Nursing Diagnosis, and Evidence-Based Nursing, I**

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An explanation of how to make a nursing diagnosis using diagnostic reasoning, which is critical thinking. Then information on how to plan care using the nursing process, standardized nursing language, and evidence-based nursing. New in this addition is information on Root Cause Thinking.

## **SECTION II Guide to Nursing Diagnoses, 17**

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An alphabetized list of medical, surgical, and psychiatric diagnoses; diagnostic procedures, clinical states, symptoms, and problems, with suggested nursing diagnoses. This section enables the nursing student as well as the practicing nurse to make a nursing diagnosis quickly, to save time.

## **SECTION III Guide to Planning Care, 119**

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Section III contains the actual nursing diagnosis care plans for each accepted nursing diagnosis of the North American Nursing Diagnosis Association-International (NANDA-I): the definition, defining characteristics, risk factors, related factors, suggested NOC outcomes, client outcomes, suggested NIC interventions, interventions with rationales, geriatric interventions, pediatric interventions, critical care interventions (when appropriate), home care interventions, culturally competent nursing interventions (when appropriate), and client/family teaching and discharge planning for each alphabetized nursing diagnosis.