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CE Perinatal Mood and Anxiety Disorders Program

Survival Skills Training for Children With Type 1 Diabetes

Transition to Home After Neonatal Heart Surgery

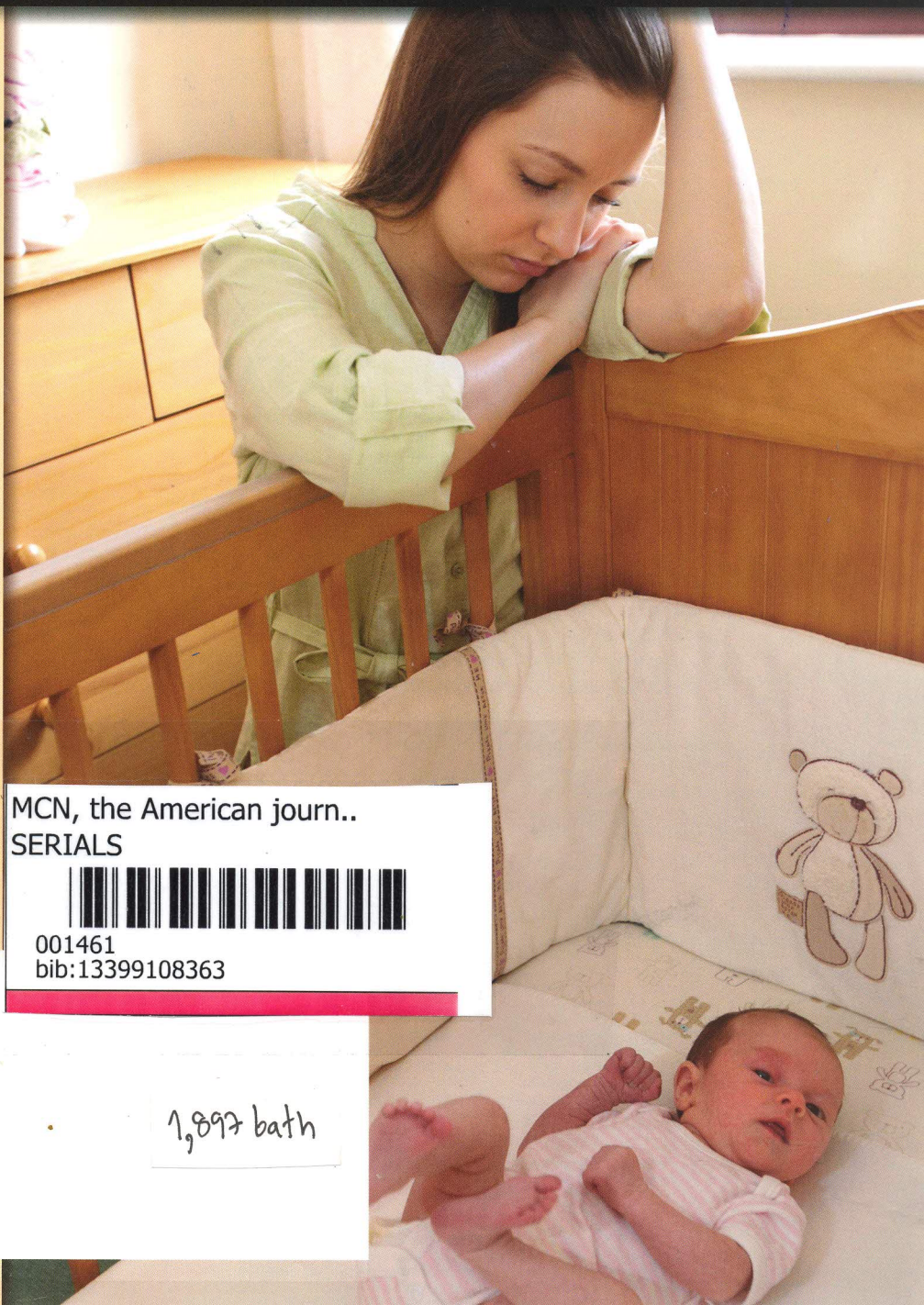
CE Walking or Bed Rest for One-Hour Labor Check?

Maternal Obesity

Treating Polycystic Ovary Syndrome

Relationship With Mother and Early Sexual Initiation

Debate: Breast Milk Banks



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feature articles

80 Implementing a Perinatal Mood and Anxiety Disorders Program

CE

Postpartum mood and anxiety disorders are underreported and undertreated: Learn about a nurse-led interdisciplinary program that screens for these disorders.

Terry Smith, MS, RNC-OB, and Gayle Kipnis, MSN, RNC-OB, AHN-BC

88 In-Hospital Survival Skills Training for Type 1 Diabetes: Perceptions of Children and Parents

How do children with type 1 diabetes and their families perceive their initial education and support from nurses?

Cynthia A. Schmidt, PhD, RN, Laura W. Bernaix, PhD, RN, Maria Chiappetta, BSN, RN, CDE, Emily Carroll, BSN, MPA, RN, CPN, and Ann Beland, BSN, RN, CPN

95 Transition to Home After Neonatal Surgery for Congenital Heart Disease

Caregivers of infants who had neonatal heart surgery worry about feeding problems and weight gain.

Diane M. Hartman, BSN, RN, CCRC, and Barbara Medoff-Cooper, PhD, CRNP, FAAN



101 Activity Level During a One-Hour Labor Check Evaluation: Walking Versus Bed Rest

CE

Changes in cervical dilatation and time to delivery were the same whether bed rest or walking was used during a one-hour, in-hospital labor check evaluation.

Chris Selby, RNC, Sherry Valencia, RN, BSN, Lindsay Garcia, RN, Denise Keep, RN, BSN, Jonnie Overcash, RNC, BSN, MSN, and Jasmin Jackson, RN, BSN

110 Maternal Obesity: Improving Pregnancy Outcomes

Maternal obesity rates are increasing, and these women are at high risk for adverse birth outcomes.

Priscilla M. Nodine, PhD, CNM, and Marie Hastings-Tolsma, PhD, CNM, FACNM

116 Treating Polycystic Ovary Syndrome and Infertility

What is the effectiveness of different treatments for women diagnosed with polycystic ovary syndrome?

Cameron McFarland, BSN, RN

122 Does a Satisfactory Relationship With Her Mother Influence When a 16-Year-Old Begins to Have Sex?

Girls who reported being satisfied with the amount of time spent with their mother were less likely to report early sexual initiation.

Cheryl L. Kovar, PhD, RN, CNS, and Pamela J. Salsberry, PhD, RN



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ongoing columns

77 GUEST EDITORIAL

Building Evidence for Practice: Not Without Dissemination

Too few nurses share their innovations and best practices, but dissemination is critical for nursing to develop its evidence base.

Marilyn H. Oermann, PhD, RN, FAAN, ANEF

78 SECOND OPINION

Are Breast Milk Banks a Real Solution Yet?

The use of breast milk banks has recently regained popularity. Should they be used? What do you think?

Coordinated by Judy A. Beal, DNSc, RN
Debaters: Ellen Byrd, MSN, CCRN, and
Judith Cullinane, MSN, CCRN

130 NUTRITION FOR THE FAMILY

Starting College: A Critical Time for Weight Gain

The transition to college life can result in changes in weight status, and nurses play a key role in offering health promotion strategies to these students.

Karen H. Morin, DSN, RN, ANEF, FAAN

131 HEALTH INFORMATION TECHNOLOGY

Social Networking Principles for Nurses

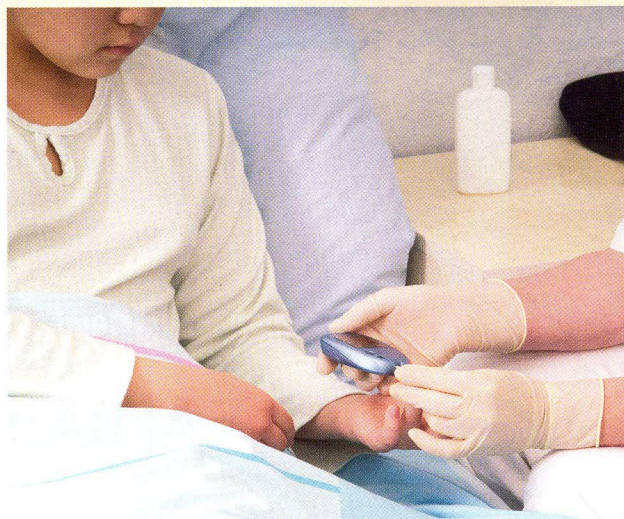
Are you a nurse using Facebook, Linked-In, Twitter, YouTube, and so on? If so, you need to read this column.

Patricia Robin McCartney, PhD, RN, FAAN

132 TOWARD EVIDENCE-BASED PRACTICE

Experts suggest how 6 research articles can be used in nursing practice.

Roberta Woodgate, PhD, RN, and Heidi VonKoss
Krowchuk, PhD, RN, PNP, FAAN



135 GLOBAL HEALTH AND NURSING

The Mobile Obstetric Maternal (MOM) Health Workers Project: Improving Maternal and Newborn Health in Eastern Burma

The MOM Project is an innovative three-tiered program that provides quality care to women and their families in Eastern Burma.

Lynn Clark Callister, PhD, RN, FAAN

136 PERINATAL PATIENT SAFETY

New Guidance on the Timing of Medically Indicated Births Before 39 Weeks Gestation

Nurses should review the new guidelines on the timing of medically indicated births before 39 weeks and work with members of the perinatal team to incorporate the suggestions into unit policies.

Kathleen Rice Simpson, PhD, RN, FAAN

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