#### The American Journal of Maternal/Child Nursing

Impact of a breastfeeding program

Journey from pregnancy loss to motherhood

**Biobehavioral outcomes** 

Infant feeding by young mothers

Healthcare utilization following a loss

Breastfeeding and eating disorders

Nutritional profiles of high risk women

Debate: Is bipolar disorder overdiagnosed in children?

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AUTHURUS TAN

feature articles

82 Impact of a Formal Breastfeeding Education Program

This study shows how an educational program and adherence to protocols can increase exclusive breastfeeding as well as improve health care provider knowledge, comfort level and attitudes about breastfeeding

Pamela S. Mellin, MSN, RNC, APNC, Donna T. Poplawski, MSN, RNC, APNC, Amy Gole, EdM, RNC, IBCLC, and Sharon B. Mass, MD, FACOG

¶ Exploring Biobehavioral Outcomes in Mothers of Preterm Infants

This study highlights the high levels of stress and depressive symptoms that may be experienced by mothers of preterm infants, and suggests the potential value of developing effective strategies to target maternal psychological distress.

Lois C. Howland, DrPH, RN, Rita H. Pickler, PhD, RN, PNP-C, FAAN, Nancy L. McCain, DSN, RN, FAAN, Dale Glaser, PhD, and Mary Lewis, BSN, RNC

98 Infant Feeding Practices of Young Mothers

Young mothers in this study were found to be feeding their infants inappropriate foods such as French fries and cereal in bottles.

Sharon M. Karp, PhD, RN, CPNP, and Melanie Lutenbacher, PhD, APRN, FAAN





Healthcare Utilization in the Pregnancy Following a Perinatal Loss

When women have experienced a perinatal loss, the following pregnancy can be fraught with anxiety, and result in multiple health care visits.

Marianne H. Hutti, PhD, WHNP-BC, Deborah S. Armstrong, PhD, RN, and John Myers, PhD

112 Breastfeeding and Eating Disorders

These authors provide information on how breastfeeding can foster a positive self image for women suffering from a eating disorder.

Micaela L. Carwell, BSN, RN, Diane L. Spatz, PhD, RN-BC, FAAN and Helen M. Shearer

Nutrition Profiles of American
Women in the Third Trimester

Women at high risk for preterm labor and birth were found to have inadequate nutrition for both micronutrients and macronutrients.

Susan Gennaro DSN, RN, FAAN, Babette Biesecker MS, RN, FNP-BC, Heidi Collins Fantasia PhD, RN, WHNP-BC, Minh Nguyen RN, and David Garry DO, FACOG

127 Sailing Against the Tide: Taiwanese Women's Journey From Pregnancy Loss to Motherhood

Women of varying cultures experience perinatal loss in culturally specific terms. The women studied here help us to understand one of those cultural imperatives.

Hui-Lin Sun PhD, RN, Marlene Sinclair, PhD, RM, W. George Kernohan, PhD, Te-Hsin Chang, BSN, RN and Hillary Paterson, RGN, RM, Diploma Bereavement Counselling, Bsc

## MCN

#### The American Journal of Maternal/Child Nursing

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#### ongoing columns

#### 79 EDITORIAL

If Given the Choice....

When you need a nurse, you really need a nurse. Margaret Comerford Freda, EdD, RN, FAAN

#### SECOND OPINION

Is Bipolar Disorder Overdiagnosed in Children?

What do you know about this important topic? Our skillful debaters make their points to help you learn more and make a decision.

Coordinated by Judy Beal, DNSc, PNP, RN Debaters: Charlene J. Berube, MS, ARNP-BC and Elizabeth B. Alach PMHCNS-BC

#### 135 NUTRITION FOR THE FAMILY

Obesity: A Family Affair

The current focus on obesity in children gives nurses an opportunity to teach families about nutrition. Karen Morin, DSN, RN

### 137 HEALTH INFORMATION TECHNOLOGY Meaningful Use and Certified EHR

Soon institutions will receive incentives for using electronic health records. Dr. McCartney explains it all for you.

Patricia Robin McCartney, PhD, RN, FAAN

#### 138 toward evidence-based practice

Experts suggest how 6 research articles can be used in nursing practice.

Roberta Woodgate, PhD, RN Heidi Krowchuk PhD, RN

## 141 GLOBAL HEALTH AND NURSING Grandmother to Grandmother: African AIDS Orphans Initiatives

Organizations dedicated to caring for AIDS orphans are helping grandmothers in their most trying times.
Lynn Clark Callister, PhD, RN, FAAN



### 144 PERINATAL PATIENT SAFETY Better Care

Quality improvement programs are in place in many settings to make sure that better care is given to perinatal patients.

Kathleen Rice Simpson, PhD, RN, FAAN





#### MCN AWARDS

The MCN Practice Article of the Year and The MCN Research Article of the Year are chosen by a distinguished panel of experts, and designate these articles as having outstanding scholarly attributes as well as clear applicability to clinical nursing practice. Each year, award winners will be notified in January and listed in the January/February issue of MCN. See the MCN Web site for a list of all winners.

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