

Elevate | Inspire | Innovate | Energize

Nursing2013[®]

THE PEER-REVIEWED JOURNAL OF CLINICAL EXCELLENCE

www.Nursing2013.com

Cat scratch disease 50

**CE SYMPTOMATIC
VARICOSE VEINS 26**

**CE NEW DRUGS,
PART I 36**

**VIETNAM NURSE
PROJECT 55**

Nursing
SERIALS



003241
bib:13399108162

Register now!

Nursing2013 Symposium in Las Vegas, Nev., March 19-22.
www.nursingsymposium.com

FEBRUARY • VOL. 43 NO. 2

1,551 bath



Wolters Kluwer
Health

Lippincott
Williams & Wilkins

Nursing2013[®]

features

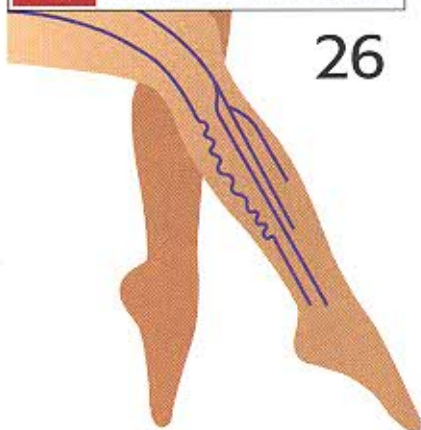
26

Stop the reflux: An update on treatment for symptomatic varicose veins

By Kristen Elaine Armstrong, BSN, RN
It's not just a cosmetic problem—varicose veins can become debilitating. After reviewing the pathophysiology of this common condition, update your knowledge about assessment, conservative and invasive treatments, and patient education, which is essential for effective long-term management.

CE CONNECTION

26



For immediate CE test processing, see our website at <http://www.nursingcenter.com/ce/nursing>.

36

New drugs2013, part I

By Daniel A. Hussar, PhD
What you need to know about 12 recently marketed drugs, including the first of a new class of antiepileptic drugs for partial seizures, a drug that boosts red blood cell counts in patients on dialysis, and the first drug approved for metastatic basal cell carcinoma.

24 SHARING

Looking beyond

By Cindy Irvine, BSN, RN
Behind one patient's unappealing exterior was the story of a lifetime.

49 PATIENT EDUCATION SERIES

Corneal abrasion

After educating patients about the signs and symptoms of this uncomfortable condition, give them this handout to take home.

50 Cat scratch disease

By Mark McGraw, BSN, RN, CCRN, CEN, CTRN
Although associated with cats, this infection can be carried by many other creatures, including dogs, horses, and certain ticks and flies. Here's the lowdown on how to recognize cat scratch disease and what to teach patients about it.

55 Vietnam Nurse Project: Teaching in Hanoi

By Donna S. Hill, MS, RN, and Gregory Crow, EdD, RN

Global Insights

Read the introduction to nursing practice and education in this southeast Asian country, then learn about the ongoing Vietnam Nurses Project, an innovative educational collaboration.

24



60



60 PROFESSIONAL GROWTH

Documenting the minutes at professional meetings

By Linda S. Smith, DSN, MS, RN, CLNC
Review these guidelines and tips so you'll be ready if called upon to record the discussion at a meeting.

9 Nursing2013 survey: Drug administration by enteral feeding tube

By Peggi Guenter, PhD, RN, and Joseph Boullata, PharmD, BCNSP

Take this survey from *Nursing2013* in collaboration with the American Society for Parenteral and Enteral Nutrition. The results, which will be published in an upcoming issue, will explore nurses' knowledge about enteral drug administration standards and practices nationwide.

Nursing2013[®]

departments

Our mission at *Nursing2013*

is to improve nursing practice by providing evidence-based practical information with a reader-friendly approach.

Winner of the 2012 silver Folio award for best full issue!



16

6 EDITORIAL

To those who paved our way

8 LETTERS

Stop verbal abuse and lateral violence

11 MEDICATION ERRORS

Measure liquid oral medications metrically...insulin dosage and concentration mix-up...keep intraocular injections cool...don't draw heparin into insulin syringes

12 DRUG NEWS

Benzodiazepines linked to increased pneumonia and mortality...ADHD medications may reduce criminal behavior in some...drug-eluting stent approved for peripheral arterial disease...are aldosterone antagonists safe for patients with heart failure?...benefits of longer tamoxifen regimens

14 ETHICAL PROBLEMS

Requesting an ethics consultation...should a patient's denial be challenged?

16 LEGAL QUESTIONS

Inadvertent destruction of evidence...medication error based on faulty information...understanding scope of practice...making a late entry to documentation

18 INSPIRING CHANGE

Educating patients with heart failure

21



21 CLINICAL ROUNDS

Longer shifts don't improve patient care...simple tactic makes patient handoffs safer...nurses are still the "most trusted" professionals...and more

63 PATIENT SAFETY

Using the evidence to maintain urinary catheters

66 CONTROLLING PAIN

Lumbar epidural injections for low back pain

68 CLINICAL QUERIES

Improving change-of-shift report

69 INFOBYTES

Resources about emergency preparedness

72 ACTION STAT

Spider bite

69 About *Nursing2013*

70 Advertisers' Index

71 Careers & Events

CEs coming next month

Caring for homeless patients

Nurse's guide to pharmacogenomics

Visit us on the Web...

at www.Nursing2013.com



Join us on Facebook

LOG.ONTOFacebook.com

SEARCH NsgJournal

CLICK on Like!



Follow us on Twitter

www.twitter.com/NsgJournal

Nursing2013 (ISSN 0360-4039; online ISSN 1538-8689) is published monthly by Lippincott Williams & Wilkins at 16522 Hunters Green Parkway, Hagerstown, MD 21740-2116, with editorial and advertising headquarters at 323 Norrisdown Rd., Suite 200, Ambler, PA 19002-2758. Periodicals postage paid at Hagerstown, MD 21740 and at additional mailing offices. Copyright © 2013 by Wolters Kluwer Health | Lippincott Williams & Wilkins. All world rights reserved. Postmaster: Send changes of address to *Nursing2013*, P.O. Box 1550, Hagerstown, MD 21740.

The publisher disclaims responsibility for adverse effects resulting directly or indirectly from suggested procedures/medication dosages or the reader's misunderstanding of the content. All published patient initials are fictitious to protect confidentiality. Any similarity to actual individuals is purely coincidental.

Free!

Sign up for *Nursing2013 eNews*, a monthly e-mail newsletter, for breaking nursing and healthcare news, clinical updates, free article downloads from the current issue, and more! Go to

www.nursingcenter.com/regpages/nursingenews.asp to register.



72